

HARVEST ? QUIZ ?

Friday 4 October ?
7:00 pm ?



St James Centre
Beauchamp Lane

teams of 6
tickets on the door **£5**
includes soft drinks & nibbles



raffle

for the St James Church flush fund

HARVEST QUIZ

Friday 4 October 7.00
pm St James Centre

In response to requests for more quizzing, here's the next opportunity – still with Rosanne and Frank Butler as Quizmaster and Accountant and the same offer of free soft drinks and nibbles, a raffle and valuable prizes but this one is fundraising for St James flush fund.

Teams of up to 6 (but we don't ban extras) at £5 per person – no need to book.

Themes of the rounds will be announced in Link later.

Ever had questions
about life? Do you want to
spend time reflecting
on them? Then
why not try joining 

We will be meeting on Wednesdays
from 4th September- starting with
the first session as a social Coffee

Morning

10.00 - 11.30am

St James Church Centre OX4 3LF

Speak to Mary, Jill, Chloe or Alice

*Alpha is a series of interactive sessions that freely
explore the basics of the Christian faith. No pressure. No
follow up. No charge.*

Toddlers and Babies are
welcome!

Toys, coffee and snacks

Chronicle

September 2019

From the Editors

Sally Hemsworth and Nicki Stevens

Many thanks to all those who have renewed their subscription for The Chronicle – this is great news for us. However, we are down on numbers a wee bit and we wondered if you might think of encouraging those people who do not have the Chronicle to subscribe? Perhaps you could raise this with people sitting next to you in church, at other church groups or when you have coffee or lunch at church?

Do you have any ideas on what you would like to see in the Chronicle? Three interesting ideas have been received but we would love to hear of more.

We have been told that one thing that is missed is the Interview as this was a way of getting to know new people at church. Many of you will know that Rosanne Butler did a great many interviews during her period as editor and before, and if anyone is interested we are sure she will be willing to give you a few tips. Are you willing to “have a go”?

Another request is for people to write about events which have been particularly good and interesting for them. Without knowing of this request Chloe Clark has written about her experiences of attending ReFresh, which could be the start of a new series of articles? Over to you!

Would people find it useful to have a list of valued contractors – electricians, plumbers, etc? We can try to form a list of recommended contractors or ask them to advertise in The Chronicle. The latter would bring in useful funding and we are looking for further advertising as we have lost some over the last year.

You will see that we have a new series– Notable People and Characters from Cowley. The information from this series is being drawn from the Cowley Chronicle archives. At least twelve people have been lined up for this series.

Many thanks to all those who have given us articles and, indeed, we are looking forward to receiving more over the coming months. We hope some of you will respond to Uncle Ben’s interesting questions – we know he would love to hear from you.

You can still subscribe to The Cowley Chronicle (back copies will be supplied!) – renewal forms are still in the churches and the church centre, or a message at the Parish Office will be followed up.

The Parish Holiday is taking place soon, the Parish Walks continue, Ride and Stride and Open Doors are taking place, and we are soon to enjoy the Harvest celebrations – how quickly the summer has passed.

Nicki and Sally

CAN YOU HELP

I am looking to borrow around 10-12 white table cloths for Daisy’s christening afternoon tea party. I am doing a vintage theme. Any table cloths would be appreciated, any style (lace and plain). All will be laundered perfectly on return. I am also on the look-out for some doilies.

I can be contacted via email Chloe.clarks@outlook.com

Chloe Clark

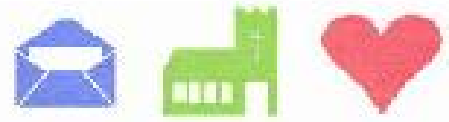
A word from the Rectory

September brings a season of invitation. On Saturday 14th our church doors open for Ride and Stride, Oxford Open Doors, Our Weddings Open Day, and lastly for teas and coffees for visiting families who are dropping off their youngsters at the start of a new year at Oxford Brookes University. So many different groups of people looking for a welcome on that day and in the days that follow.

Later in the month we move into a celebration of harvest. Even in our urban city it is a time to give thanks for the wonderful resources of our world. To commit again to caring for the breadth of creation and the wonders of our planet. Scripture tells us that all creation is called to praise God (Psalm 148).

This year we have had an increased number of weddings to celebrate. Might we continue to find a role walking with couples as they commit to one another and as they ask God to journey with them.

Oxford Brookes are opening over a 1000 study rooms in the parish. Do please pray that there will be good support and encouragement for all these young lives moving into the area. Many students find this time very stressful. Might we be able to offer some support in the first vital months and provide a bridge between family living and the first steps out into the world.



A Season of Invitation

By the time this reaches publication Fiona, our 'Time for God worker', will have moved on. We wish her well on the next stage of her journey. Her parting leaves a few holes!

- If anyone can help with a weekly banking trip for St James it would be brilliant.

More details from Joan

- Sunday Children's group leadership also needs

some extra helpers! Can you assist?



Benson Cottage

Lots to give thanks for and lots to lift to the Lord.

Psalm 148

7 Praise the Lord from the earth,
you great sea creatures and all ocean depths,

8 lightning and hail, snow and clouds,
stormy winds that do his bidding,

9 you mountains and all hills,
fruit trees and all cedars,

10 wild animals and all cattle,
small creatures and flying birds,

11 kings of the earth and all nations,
you princes and all rulers on earth,

12 young men and women,
old men and children.

13 Let them praise the name of the Lord,

for his name alone is exalted;
his splendour is above the earth and the heavens.

14 And he has raised up for his people a horn,
the praise of all his faithful servants,

Cowley Women's Institute

We had a great time playing traditional games at our party in July to celebrate the centenary of our Federation. We also had a fun time on our outing to Thame where we followed the Midsommer trail.

There is no meeting in August but we have planned a trip down the Thames from Oxford to Abingdon. Hopefully the weather will be kind to us so that we can sit out on deck and bask in the sunshine whilst looking at the beautiful scenery.

Early in September we have arranged a trip to Banbury to discover how the town has changed over the last few years.

The talk of our first meeting after our summer break is 'Following the Clues: from Ladakhi to America – the language of a people gives clues as to their culture' given by the author Liz Harris.

Cowley WI welcomes women of all ages over 18. If you are interested, please come and have enjoyable afternoons with us. We meet from 2pm – roughly 4pm in St James Church Centre the third Wednesday of each month.

Sarah Lawrence, Secretary to Cowley WI
cowleywi@oxfordshirewi.co.uk

GARDENING PARTY

HELP REQUIRED – COME AND BOOST THE NUMBERS LOOKING AFTER THE AREA AROUND ST JAMES CHURCH AND ST JAMES CHURCH CENTRE.

LAST SATURDAY OF EACH MONTH (EXCEPT DECEMBER) – 9.30 AM ONWARDS AT ST. JAMES CHURCH CENTRE.

Come and have fun, fresh air and exercise as we prepare the St. James Church Centre garden for another beautiful spring and summer showing.



If possible bring your own tools but some will be available. Both heavy and light work available plus coffee and cake.

Claire Ewers

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CHILDREN'S CORNER

'COOL MAN!'

Watch your language! How many times do you hear that at school? In some homes it is regretably also heard when bad language has been used. But language is quite interesting to study however young or old you are, because just to make it difficult some people like to change the meaning of what I learned to be 'the Queen's English'. To make matters worse, the use of a word or phrase in one part of the country can have a different meaning or importance than you have grown up with understanding it to mean.

The other day, a shop assistant thanked the customer by saying 'thank you love'. The customer was quite surprised at what they felt was familiarity, whereas in the north of England it would be a common phrase to use in those circumstances, even to a stranger.

Meanings of common phrases change too. A good sense of the correct way to speak and use words correctly was always to consider BBC English pronunciation. Dialect doesn't really matter and is always considered to be your right, and part of your identity. Be proud of it if you have one, but try to avoid local expressions. Avoid strong local dialect or phrases. One day a relative of ours, from Gloucestershire said 'ow bee 'oggin?' I had no idea what he meant. He was simply enquiring 'how was I getting on.....or.....was I able to carry my hogs (load) with difficulty?' Other old fashioned country talk often is as a personal reply. "I be good, thankee" (I am well thank you) and then the reply "Aye, so be I" (So am I).

Some of the Ronnie Barker sketches are really very clever with the use of words and meanings. He manages to demonstrate how words with totally different meaning sound similar. Foreign languages have the difficult Kobe of translating correctly into English sometimes and this happened when we were expecting a

visitor from Holland and his wife for the annual exchange between Leiden and ourselves. The night before the visitors were going to arrive we received a phone call to say that the lady could not come but her husband would be bringing a close friend who was an English teacher! He then spoke to us and explained that he would look forward to meeting us and hoped he would cause no problem because he was a 'Langaman'. We assured him we could adapt to meet his needs, but had no idea what he meant! Apparently, there is only one word in Dutch meaning 'long' or 'tall', and he was 6feet 10inches tall. He eventually slept diagonally across the bed in our caravan in the garden, and when he stood straight was looking through the skylight window!

Then there is Cockney Rhyming Slang! Mentioned in one or two of Ronnie Barker's sketches, but worth following through. There are plenty of examples on the web, and well worth a few minutes browsing, so have a look at it and ask an adult to look at it with you. Some are quite funny. Just in case you want to test yourselves 'keep your eyes peeled and watch your step especially on the apples and pears when you go to have a kip. But wipe those clod'oppers first'.

Uncle Ben

P.S. That's clear then.....answers next time. Meanwhile a little advice.

1. Think before you speak, and be prepared for someone to disagree with you in a discussion where there are several ways to do a job. There may be a better way to get the same result.
2. Say briefly, what you mean in simple words that everyone can understand.
3. Mean what you say, but always be polite if you disagree with a decision.
4. Always accept that you may be wrong.

T.T.F.N. Uncle Ben

Mothers' Union News

July saw many Mothers' Union members attending the funeral of our dear friend Clivia Philbin. Clivia had been a devoted member herself for many years even when she had taken residence in Isis Care Home and reaching our meetings on the bus. She will be greatly missed.

Our monthly meeting took the shape of a summer tea party. Nineteen people sat down to a lovely tea at which we were delighted to welcome Margaret Randall accompanied by her son. Margaret is not always able to attend our meetings now that she is in care but we are hoping that we can fix lifts for her a little more frequently in future.

At the meeting it was agreed that we should send a contribution to the National Mothers' Union Summer Appeal which supports fami-

lies in some of our African dioceses.

Also we were pleased to pass on to a representative from the John Radcliffe Special Baby Unit a large collection of exquisitely knitted blankets and little garments. These were accompanied by a collection of toiletry items for parents of sick babies and finally a huge new teddy bear donated by one of our members.

Before we "broke" up for the summer a cohort of members visited the Florence Park Community Centre to thank the volunteers who run their mother and baby coffee mornings. The thanks came in the shape of bouquets of summer flowers as a way of showing our support for family life which is the main ethos of the Mothers' Union.

Rosanne Butler



WHERE, WHEN AND WHO

The following photograph has been handed to the Editors – can you help identify any of the people in the photograph and where and when this was taken?

If you think you can help and wish to see the actual photograph please let us know.

Prayer Space

A prayer for children and young people at the start of a new school year:

Grant, Lord, to all who study and those
who teach them,
the grace to love that which is worth
knowing,
to value what is most precious to you,
and to reject whatever is evil in your eyes.
Give them a true sense of judgement,
and the wisdom to see beneath
the surface of things.
Above all, may they seek out and do what
is pleasing to you;
Through Jesus Christ our Lord

After Thomas à Kempis (1380-1471)

A prayer for our volunteers who help with catering in the Parish and who are starting again after the August break:

Lord of pots and pans and things,
Since I've not time to be
A saint by doing lovely things,
Or watching late with thee,
Or dreaming in the dawn light,
Or storming heaven's gates,
Make me a saint by getting meals
and washing up the plates.

Although I must have Martha's
Hands, I have a Mary mind,
And when I black the boots and
shoes thy sandals, Lord, I find.
I think of how they trod the earth
Each time I scrub the floor;
Accept this meditation, Lord,
I haven't time for more.

Lunch with Girlfriends

Elaine's vertigo has never been worse
Kay can't recall where she left her purse

Rhonda's about to replace her knees
Linda's breathing is tinged with a wheeze
Donna's left boob has a troublesome lump
Diane's on her third trip to take a dump
Lorraine's husband can't remember a thing
Nine years a widow, Marge still wears her ring

Marlene is dealing with another UTI
Sally's giving a hearing aid another try
Marie has decided she can't drive at night
Sharon still wears clothes two sizes too tight

They've been through divorces and babies and
wakes

They do for each other whatever it takes
They've already buried Marcia and Kate
And truthfully, Lizzie's not looking so great

So whenever they can, they get out to eat
Open bottles of wine and forget their sore feet
There's laughing and crying and letting down
guards
And when the bill comes, there's ten credit
cards

So here's to the waiters who keep orders
straight
And to the places that let lunches run three
hours late
And here's to the girlfriends, those near and
those far
Here's to the girlfriends, you know who you
are!!!

Kathy O'Malley

37th Oxford Scout Group

We have had a really busy few terms at the 37th Oxford Scout Group! We meet in the St Francis Church Hall throughout the week, catering for children in Beavers, Cubs, Scouts and Explorers (between the ages of 6 and 18!). Our group is growing at the moment so we are proud to be offering scouting to more people than ever!

At the Scout Troop (meeting on Tuesdays), we have been doing lots of badge work, as well as spending as much time as possible outside to make the most of the summer weather. This is a similar theme for our Explorer Scouts (who meet on Mondays). We are always doing loads of games and other activities and regularly join up to run activities with each other.

Scouts attended the County Aqua Camp in June, which took place near Standlake. It was a brilliant weekend with loads of water activities, including kayaking, sailing, paddle boarding, dragon boat racing, gig pulling and rafting. Everyone who attended had a fantastic weekend and completed lots of work towards their 'Nautical Skills' badge.

Scouts and Explorers also attended a camp in Wales, run by Monmouthshire Scouts which was brilliant. Loads of great activities and challenges throughout the weekend, which the Scouts hugely enjoyed!

Scouts have also completed their Photography Badge recently too. This included learning about some technical aspects of photography and everyone who took part carried out a mini photography project where they could choose a style and subject they liked. Some very creative images were produced and the Scouts enjoyed sharing them with each other at one of our recent meetings.

We have also visited Youlbury Scout Camp for some evening activities, including cooking on fires, wide games and '3G Swing' - these are always really fun nights and we are so lucky to have such a great site so close to us.

In the Summer Holidays, we will be attending Charnwood 2019 - a Scout and Guide Jamboree held in Leicester. It will be a great opportunity for our young people, camping alongside thousands of other scouts from around the world. There are going to be loads of amazing activities and experiences throughout the week away, which the Scouts and Explorers are really looking forward to.

David Nutt



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Film Club at the Centre

Our two summer club evenings have given members a couple of entertaining shows and raised nearly £120 for parish funds. Both "The Way We Were" and "Singin' in the Rain" were declared "jolly good films" and many of us were sorry that some members were unable to join us due to holiday dates, ill health or because they forgot the date! One member in August could not make it because the weather was so stormy that she could not walk in the gale-force wind!!

Despite the fact that a new member joined last month we still have a couple of gaps in our list. We would welcome absolutely anyone who would like to join our friendly club.

Next year's programme is now complete and has gone to Sally for typing. It will be available for members (and anyone else who is interested) from the October film club evening. By the way that date will mark our seventh birthday.

This month's film "The Post" stars Tom Hanks and Meryl Streep as two New York journalists who put their entire careers on the line when they set out to uncover some very questionable behaviour in the American administration. It is based on a true story and sounds very intriguing. The Post incidentally is shorthand for the famous newspaper The New York Post.

Rosanne Butler

ST JAMES' PATRONAL FESTIVAL

My nickname for the plans for the patronal tea party was "Sing-along-a-Geoff" but what it turned out to be was "Cowley's Got Talent". What a fun afternoon it turned out to be!

About seventy people packed into the Church Centre for a splendid afternoon tea with scones, cream, strawberries and wonderful cakes. Alongside this we had over an hour of "open mic" compared by the inimitable Geoff who not only regaled us with his own singing and guitar playing but encouraged many of us to "do a turn". One of the highlights for me was a version of "Open the Book" as performed at school assemblies in the parish. The story of Jonah and the Whale took on a new slant when David Benskin (as Jonah) was "swallowed" by a silly bright pink fish hat and tried very hard to look gloomy when everyone else was laughing.

The afternoon ended with everyone singing favourite hymns accompanied by Brian Tidy on the piano and Geoff and Steve on their guitars. We sang with such gusto it's a wonder we did not send the solar panels on the roof sky high.

Rosanne Butler

MALICIOUS CALLS AND VOICEMAILS

What you need to know:

- Action Fraud has experienced an increase in the reporting of malicious calls and voice-mails, to members of the public purporting to be from Her Majesty's Revenue & Customs (HMRC).
- Fraudsters are spoofing genuine HMRC telephone numbers to deceive their victims over the phone. The fraudsters state that as a result of the victim's non-payment of tax or other duty, the victim is liable for prosecution or other legal proceedings in order to settle the balance. The fraudsters suggest victims can avoid this, by arranging payment to be made immediately by methods such as bank transfer or by purchasing iTunes gift cards.
- If the victim is hesitant or refuses to comply, the suspect makes a threat such as immediate arrest, sending bailiffs to the victim's address or, in some cases, deportation.
- Often, the period for which the tax is allegedly due is distant enough to guarantee the victim will have little, if any, paperwork or ability to verify the claims. Once the money is paid the suspects sever all contact with the victim.
- In genuine cases, HMRC will initially make direct contact with you via post/letter and potentially follow up that letter with a phone call at a later date.
- If HMRC contact you via telephone they will quote the reference number on the initial letter you should have received. HMRC will not discuss something you are not already aware of, like a tax investigation, and will NOT demand immediate payment.

It is vital that the public exercise caution when receiving messages or telephone calls of this nature.

What you need to do

- Always question unsolicited requests for your personal or financial information. Just because someone knows your basic details (such as your name and contact details), it doesn't mean they are genuine. Instead, contact the company directly using trusted methods such as a known email address or phone number.
- Legitimate organisations wouldn't ask you to pay taxes, bills or fees using an iTunes gift card, or any other type of voucher. If you're contacted by anyone that asks you to do this, you're likely the target of a scam
- Don't be rushed or pressured into making a decision. Under no circumstances would a genuine bank or some other trusted organisation force you to make a financial transaction on the spot.
- Report Phishing attempts. If you receive a call, text or email of this nature and have not lost money, you can report this as phishing to Action Fraud



Do you shop on-line with Amazon? If you do you may be able to help us raise a bit of money towards the toilet in St James Church.

Smile.amazon.co.uk is a website operated by Amazon with the same products, prices, and shopping features as Amazon.com. The difference is that when you shop on Smile.amazon.co.uk, the Smile.amazon.co.uk Foundation will donate 0.5% of the purchase price of eligible products to the charitable organization of your choice.

We are listed as the charity: The Parochial Church Council of the Ecclesiastical Parish of Cowley, Oxford or you can search by our charity number: 1153602



Music at St James



We are all aware that we are moving into a new era for music in worship at St James Church. As our loved organist Brian does less, the elephant in the room is 'What is the vision for music in worship for the future?' Are we looking simply for a replacement organist, or, are the developing needs of the congregation broader than that? What will help us become a more Christ like Church in the coming

months and years? Jesus said, "I came that you might have life overflowing". What sort of leadership do we need for our music if we are going to help people find such life? These are questions we need to be asking. The thoughts in our minds are things we need to be discussing and building towards. Have a chat with the people around you. Then get some of your thoughts to members of the St James Church committee and PCC. It is a sooner rather than late activity!



Blessings to you

Geoff

FLO'S – THE PLACE IN THE PARK

Rymers Lane, OX4 3JZ

01865 587 611

<https://www.floxford.org.uk/>

Flo's – The Place in the Park is a genuine community initiative.

FLO'S REFILL SHOP

Open every Wednesday and Saturday 12.30-5pm, Flo's Refill Shop is a great way to buy local, reduce plastic waste and support a great community cause!

It is selling unpackaged staple foods (from pasta to porridge), SESI Refills (for washing dishes, clothes and humans) and some environmentally sound baby products. The products are sold by weight or volume, which means you can buy exactly what you want, and bring back the empty container for more!

The aim is to help local people to reduce plastic waste at the same time as investing in local community initiatives. The money raised through Flo's Refill Shop goes straight back towards supporting Flo's wide range of community projects.

Have you dropped into the FLO CAFÉ yet?

- ∅ It offers great salads, sandwiches, cakes and it is so friendly. It is open 10 am – 5 pm on weekends, 9 am – 5 pm on weekdays.
- ∅ Regular groups, events and classes.

See the website or drop in to pick up flyers – there are several just social and also support groups for mums/parents/carers; a term time environmental club for children.

Occasional courses and events:

Once Upon a Park: Story telling with The Story Museum

Saturday 7th September 11.00-12.00:

During the refurbishment/rebuild, The Story Museum escaped its beautiful building in the city centre and came to Flo's for the summer! The Story Museum will host this story-telling special at Flo's with story teller Isy Mead.

Following free story telling training for parents and carers during August, everyone is invited to join them to listen and share stories and learn some techniques.

Find out more and book your ticket £3.20

<https://www.eventbrite.co.uk/e/once-upon-a-park-sharing-stories-with-the-story-museum-tickets-64667259514>

Death Café

Wednesday 11th September 4:30-6.00:

Drink coffee, eat cake and discuss death - the café offers a safe and respectful space for everyone.

Hosted by Arne Richards, Sarah Verney and Wren Hughes.

For more info email arne@OxfordConcertParty.org

Flo's 1st birthday and AGM - *more details coming soon*

Sunday 22nd September 2.00-5.00: Flo's is turning one!

They will be celebrating the success of the first year (most especially all the community's incredible involvement), as well as reflecting on challenges and planning next steps.

The AGM will be held on the same day – all members are welcome.

Please let them know if you are going – on line

You can [become a member on the website](#).

FLO'S AND THE FLORENCE PARK BOWLING PAVILION A PLACE OF POSSIBILITY

The former Florence Park bowling pavilion is located just behind Flo's and owned by the Oxford City Council. It has been standing empty since January 2019.

The building has lots of potential. It has a beautiful setting, an active and vibrant community around it and four small separate spaces that could be used for a whole range of activities. As a community owned and run project, Flo's would like to see the building being used for the benefit of local people. Starting in July, the City Council has granted Flo's a license to occupy it for six months, with Premier Tennis operating the refreshment kiosk as a pop up, under a service level agreement.

Over the summer Flo's wants to find out what ideas and energy there are for this space so we can put a proposal to the City Council for longer term use. Whatever proposal is developed will need to be clear about community benefit and how it can sustain itself financially.

What is Flo's involvement?

Flo's has been given the temporary license to occupy the building. They want to work with the City Council to develop the building for a community use and are looking for people, organisations or projects that want to work with Flo's on this. Building on the work already started at Flo's-the Place in the Park, the vision is to transform this building to provide the community with real social or environmental benefits and increase the use of and connection to the park. As with Flo's overall, any community use would need to be a financially self-sustaining social enterprise

Who is being consulted?

Flo's is keen to hear local people's views on what kind of use they see as benefiting their neighbourhood. They are also engaging with partners who run other organisations in the area, as well as socially or environmentally minded entrepreneurs who have ideas for how to use the building

The community consultation:

Tell them what you think! Fill in the on line community poll about what you think the biggest needs are in your community and what kinds of activities you'd like to see happening there for local people. This will provide a steer for the Flo's team when it decides which proposal to take forward - it will feed into the selection criteria of the proposal Flo's Trustees choose to take forwards.

You can also complete an expression of interest form if you are part of a group with a particular proposal for its usage.

<https://www.flosoxford.org.uk/florence-park-bowling-pavillion/>

RECIPES

Plums are just coming into season – so something very simple and tasty if you like cooked plums:



Roasted plums with vanilla ice cream (serves 6)

Serve as a dessert with ice cream or spoon over Greek yogurt for a breakfast treat.

Ingredients:

Juice of one orange

1 vanilla pod or 1 tsp vanilla bean paste

3 star anise

6 Plums, halved

3 tbsp demerara sugar

500ml tub vanilla ice cream

Method:

1. Preheat the oven to 200°C, gas mark 6. Put the orange juice and 100ml water in the base of a small roasting tin (you want the plums to fit snugly). If using a vanilla pod, scrape out the vanilla seeds and add to the liquid along with the pod (otherwise just add the vanilla bean paste) and the star anise. Arrange the plums, cut-side up, on top, then scatter over the sugar.
2. Roast for about 45 minutes (timings may vary depending on the ripeness of the plums) until just soft and yielding. Baste the plums in the juices every 10-15 minutes and add a splash more water if the juices dry out at any point. Allow to cool for 5 minutes, then serve with vanilla ice cream.

For added crunch, scatter over a handful of toasted flaked almonds before serving.

This recipe appeared within the August 2019 recipe card collection from Waitrose & Partners.

The following recipe is from Cakes, Bakes, Puddings and Prayers by Susan Over:

Healthy Apricot Slices (makes 12)

Ingredients:

150g (5oz) Jumbo or porridge oats

150 (5oz) wholemeal flour

110g (4oz) soft light brown sugar

1 level teaspoon baking powder

175g (6oz) polyunsaturated margarine

175 (6oz) ready-to-eat dried apricots, roughly chopped

Method:

1. Preheat oven to gas mark 4/350° F/180°C
2. Place oats, flour, sugar and baking powder in a bowl and rub in margarine (or butter if you wish a richer flavour).
3. Put half mixture into a 17cm x 17cm (7in x 7in) tin and press down.
4. Arrange apricots on top, then finish off with remaining mixture, pressing down firmly.
5. Bake for 35 minutes until golden.
6. Cool in tin before cutting into 12 slices.

If you come with us, we will share with you,
whatever good things the LORD gives us. Numbers 10.32 (NIV)

Lord of our bodies, help us to re-dedicate them
as temples in which to worship you.

Lord of our minds, enable us to find creative
ways to meet the needs of those who
suffer hardship.

Lord of our spirits, fire our compassion and help
us to see the world through your eyes.

Amen

SAFEGUARDING IN COWLEY PARISH

As a Parish, we are committed to the Christian care, nurture of, and respectful pastoral ministry with, all children and all adults but particularly those who are vulnerable in any way.

So we ensure that our policies and practice on the selection and training of all those staff and volunteers with any responsibility within the Church are in line with safer recruitment principles, including the use of Disclosure and Barring Service criminal records checks where applicable.

We intend that St James and St Francis churches will be safe, caring communities which provide a loving environment where there is a culture of 'informed vigilance' as to the dangers of abuse.

We will challenge any abuse of power, especially by anyone in a position of trust.

We follow statute, guidance and recognised good practice in all our safeguarding practice and check that all users of our premises do so too.

Following our training programme, clear role descriptions are now being issued to clarify everyone's responsibilities and supervisor.

New church committee and PCC members and other recent volunteers will soon be trained.

Safeguarding is everyone's responsibility

Lesley Williams 01865 779 562
07982 439 828

Parish Safeguarding Officer

safeguard-

ing@cowleyteamministry.co.uk

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From the Archives

MAY 1961

WATER WRECKS 50 YEARS HARD WORK



Mr. F. C. (Cecil) Greenaway, in raincoat, discussing with Mr. G. S. Orchard, the destruction that has ended Mr. Greenaway's work on the allotment his family has worked for 50 Years. One end of the Elder Stubbs' allotment is waterlogged as a result of the construction of the Rymers Lane extension

The 4ft. diameter concrete drain for the new Cowley Centre forms a solid wall along the side of the allotments interrupting the natural drainage, and the original drainage ditch has been filled in. The adjoining land has been pressed solid by heavy vehicles, and top soil scraped away in the work.

The photographer, in taking the above photograph, stood on what he thought was firm ground, and went right down in concealed mud.

It is understood that some new land drainage is to be put in, and since the top soil has been removed from a lot of the area close to the road, new top soil should be brought in.

But it is now nearly a year since the roadwork was done, and in the meantime much of the land is being ruined. Many of the people in Cowley are asking "Why the delay?"

AUGUST 1961

ALLOTMENTS HAVE NOW BEEN DRAINED

In the May '61 number of the 'Cowley Chronicle', was a picture of two people on the Elder Stubbs allotments, looking at the damage caused by water on the ground alongside to the new Rymers Lane extension.

A drain has now been laid along the Rymers Lane boundary of the allotments in order to pre-

vent water lying on the surface in this area for long periods, and in addition the ground along this boundary which was made solid by the heavy construction vehicles moving over it will be ploughed in the near future so that the rain water can once again permeate it.

Compensation is being paid to those allotment holders who claimed for damage caused to their crops by the flooded ground.

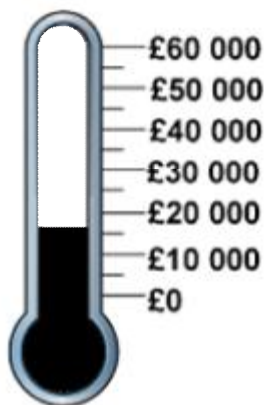
The trustees of the Elder Stubbs charity hope that the portion of the allotments in question will now be of as good a quality as in the past.

The trustees are:- the Reverend A.L.M. Arnold, Vicar of Cowley St. John, Oxford; the Reverend J.R.Betton, Vicar of Cowley, Oxford; Alderman P.D.Bromley, Rose Hill, Oxford; Councillor T.J.Meadows, Councillor A.Mould, Councillor H.Brooks, Councillor D.Wright, Mr.R.H.Smith.

The Secretary is Mr.R.P.Stone.

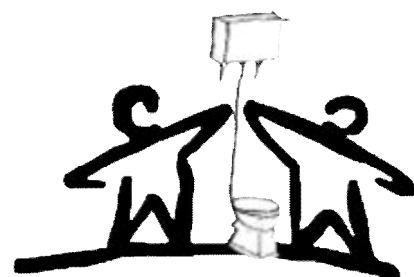
Researched by Les Hemsworth

GOAL!



So, we are on the way! We have some simple plans and a guide figure for the amount we need to raise (£55,000). Our next big step is getting in place the funds! As I go away for a break I understand we have raised about £15½ thousand pounds. A brilliant start. It is going to be a bit out of date. Joan Coleman our treasurer will have a clearer idea. Do ask her! But we need your help! Every penny raised by you will bring us closer to being able to get the work done. Have you got any ideas? Can you head up any fund-raising projects? There are

grants to be applied for; can you help with those? Do you use Amazon for buying? You can help a little with each purchase if you register with [Smile.amazon.co.uk](https://www.smile.amazon.co.uk). You simply need to reg-



A toilet for St James

A prayer:

Father, you call us to care for people:

Help us to develop St James Church so that we can care for the people who use this building! Amen.

ister us as your charity

(Charity number: 1153602 -The Parochial Church Council of the Ecclesiastical Parish Of Cowley, Oxford. Most of all you can pray for God's guidance as we move forward. Here is a simple prayer based on that idea that Jesus came that we might have life and have it to the full.

Providing a toilet will enable us to improve the experience people get when they come into church. It will also mean the elderly and very young will find it easier to join us.

A new mini-series starts this month based on archived material from the Cowley Chronicle

NOTABLE PEOPLE & CHARACTERS of COWLEY

1. William Morris – Lord Nuffield 1877 - 1963

OCTOBER 1952

This October is a month of many notable anniversaries. First, I should like to offer our respectful greetings to Lord Nuffield, who attains his 75th birthday on Friday, October 10th, remembering with gratitude his munificent gifts to this parish. In honour of the occasion we are displaying Lord Nuffield's Arms on the front page this month, kindly designed for us by Mr. J. M. Surman. I hope the ringers will succeed in ringing a peal which they are contemplating on the 10th.



OCTOBER 1957

Lord Nuffield Receives Gift for 80th Birthday



Viscount Nuffield, who has returned to his office at Cowley after a fortnight's absence through illness, examining a scale model in silver of a Morris Minor car. This was to have been presented to him to mark his 80th birthday at the Nuffield Family Party in London, but he was not well enough to attend.

In a letter to Mr. F. I. Connolly, who was to have presented the model to him, Lord Nuffield wrote: "I have only now had an opportunity of seeing the very lovely gift of the model of the Morris Minor 1000 presented to me on my birthday.

"I am quite overwhelmed with the wonderful accuracy of its conception and its superb craftsmanship shown in every detail. I assure you it will be treasured by me, not only for its intrinsic value but, far more, because of the memories it will bring of the great happiness which I have enjoyed and all the kindness shown to me during my business career.

"It is to my lasting regret that I was unable to receive this gift from the hands of an old friend, and that I was unable to say thank you to all who subscribed to this birthday present, and tell them how much I will always treasure their token of friendship and esteem.