

# What can you do when the Beatitudes daily notes come to an end?



It has been a great joy using the Bishops daily notes on the Beatitudes during the build-up to Easter. But what can we do when they come to an end? There are lots of possibilities but here are a few! Two can be found as links on the front page of our website:



or



Sunday 21 April

Luke 24:1-6a (NIV)

## Understanding dawns for all

On the first day of the week, very early in the morning, the women took the spices they had prepared and went to the tomb. They found the stone rolled away from the tomb, but when they entered, they did not find the body of the Lord Jesus. While they were wondering about this, suddenly two men in clothes that gleamed like lightning stood beside them. In their fright the women bowed down with their faces to the ground, but the men said to them, 'Why do you look for the living among the dead? He is not here; he has risen!'

At last, it is the day of resurrection, the third day after Jesus was delivered 'to the hands of sinners [and] crucified' (v. 7). But the women coming to the tomb - including Mary Magdalene, Joanna and Mary the mother of James - do not remember Jesus' promise of being 'raised again' until the men in shining clothes remind them (v. 8).

Remembering does not necessarily equate to believing, however. Luke tells how they go to the remaining eleven of the inner circle of disciples and report what has happened (presumably also repeating Jesus' promise). The reaction is that they are judged to be speaking 'nonsense' (v. 11), although Peter does make a trip to the tomb, finds it empty and puzzles over the possible implications. Could Jesus have been speaking the truth about himself all along?

In the end, the light of understanding dawns for him and for the rest of the disciples. On the day of Pentecost, the fire of the Spirit (Acts 2:3) ignites their hearts with courage and gives them the words to begin sharing with the whole world God's plan of salvation. As the apostle Paul wrote a few years later: 'We declare God's wisdom, a mystery that has been hidden and that God destined for our glory before time began' (1 Corinthians 2:7).

Our faith rests in a mystery - but a revealed mystery. We believe and trust in God incarnate, not a remote nameless deity. Understanding these truths is the task of a lifetime; salvation, meanwhile, is God's gift to us.

Lord, I believe; help me overcome my unbelief (see Mark 9:24).

NAOMI STARKEY

Easter Day 125

Another is New Daylight. Several people in the parish use this. And copies can be ordered either via their own web site or via Margaret Martin at St James Church.

There is a copy of the Easter Day below as a sample of the sort of material it contains! You can easily chat with one of the ministers if you have any extra questions



## CHRISTIAN AID 2019

### SUPER SOUP LENTEN LUNCHESES:

Sunday 3 March at St Francis and Sunday 17 March at St James

We enjoyed home-made soups – french bread – cheese – fresh fruit and donated £140 to Christian Aid

### CHRISTIAN AID WEEK - Sunday 12 – Saturday 18 May

New fundraising ideas are encouraged – let's do something *really* different to impact on Cowley..... *suggestions needed please*

Planned so far:

Saturday 11 May, 10:00-12:00 - coffee morning at St Francis

Sunday 12 May, 8:45-9:45 - Big Brekkie at St James Centre

We will be at Templars Square with some games and competitions and buckets – please be ready to give an hour or so there during the week. We're hoping Boswell's café might host a Big Brunch for us.

### QUIZ AID

Friday 28 June 7:00 pm at St James Centre



### BIBLE SOCIETY

### 'MORE THAN A BOOK' REGISTRATION

If you order anything on line or by phone from the Bible Society, please use the unique Parish reference number 12044 *or* select the 'Parish of Cowley' from the drop down menu when placing an order and we will benefit from the 'More than a book' cash back scheme. It's that easy! We earned £8 from an 'Open the Book' resources order,

Do look at the on line shop – Bibles, prayer books, cards, courses, fiction, dvds etc.


<https://www.biblesociety.org.uk/products/>

Claire Ewers


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Citizens Advice boosts help for Universal Credit claimants.

Citizens Advice has designed a new service to help you and speed things up if you are claiming Universal Credit for the first time but having problems with the application.

The "Help to Claim" service will be available in England from 1 April 2019 over the telephone, face to face, and online through "webchat" and Internet content.

We can advise on your eligibility, set up an email address or Universal Credit account, fill in the initial application form, get access to a computer, or arrange advance payments. We can also help you by ensuring that the right evidence is submitted with your form. And if you only need minimal help with your application, Citizens Advice can provide tips if you get stuck.

As part of its normal service, Citizens Advice also supports people who are already receiving Universal Credit.

The national Freephone number for Help to Claim is 0800 144 8444. Telephone and webchat services are available from 8 a.m. to 6 p.m. (Monday-Friday)

For any other issues you might need help with, please telephone the Citizens Advice Advice-line on 03 444 111 444.

Come and see us in person if you prefer. For locations of offices and opening hours see [www.citizensadvice.org.uk/local/oxfordshire-south-vale](http://www.citizensadvice.org.uk/local/oxfordshire-south-vale)



The Cowley PCC has declared that it wishes to become a Fairtrade Parish but we have made little progress towards it over the past year, still regularly accepting gifts of non-fairtrade products. We of course thank you if you are donating supplies to the Parish kitchens at St James and St Francis.

*Please only give fairtrade products when they are available : tea, coffee, chocolate and sugar. Biscuits, jam, kitchen roll would also be appreciated.*

# From the Archives

## Extracts from the Cowley Chronicle

### AUGUST 1966

#### "THE PEOPLE NEXT DOOR"

A discussion was had on the British Council of Churches' Lent Course, "The People Next Door". This is being planned on a national level and would be shared by Anglican and Free Churches. The PCC voted that the Cowley Council of Churches be informed that the parish was willing to share in this. Father Betton outlined the work done by the Church Assembly on the new services. It is hoped that in six months there may be a new form of the Communion service.

Until this year Parliament controlled the services of the Church of England, but now new powers have been given to the Church to direct her own worship. Many different shades of opinion have worked together to produce new forms acceptable to the whole church. When published, the services will be used for a period of seven years, and then examined again in the light of this use by congregations.

### JUNE 1968

#### COWLEY SERVICE TO BE BROADCAST

The Parish of Cowley is to broadcast the morning service on BBC Radio 4, on Sunday, June 16<sup>th</sup>. The service to be broadcast is the new Communion Service and will be on the air from 10.30am to 11.15am. For this service the three churches of the parish will join forces. There will be no 10.00am Eucharist at St. James' and no 9.00am at St. Luke's and St. Francis' that day.

The preacher will be the Reverend A.W. Williamson, and the celebrant, the Vicar, the Revd Patrick Parry Okeden. The singing will be led by the combined choirs of the three churches. Because a service of this nature has to be well presented, all those who intend to be at the Eucharist that day are asked to attend a rehearsal the night before. This is so that the music can be rehearsed, and the BBC can familiarise the congregation with some of the difficulties involved in the live presentation of the service. On the Sunday, all attending the service are asked to be in their places by 10.00am. The doors will have to be closed shortly after this so that there are no interruptions.

### DECEMBER 1973

#### SYNOD REPORT

Hospital developments at Headington and housing development at The Slade were the two

principal subjects discussed at the Cowley Deanery Synod's meeting at the end of October.

The Deanery Synod comprises representatives (clergy and lay people) from all the parishes in Oxford east of the Plain, including Littlemore and Marston.

Developments at The Slade were presented to the Synod by Mr. Ted Wheelock, of St. Francis', who spoke about the large new council housing project starting building in the area, and the possible move of Oxford United to the Barracks sports field. The Reverend Bob Jeffery, vicar of Headington and Rural Dean of Cowley, expressed his concern about the effect on Headington, and on the patients and medical personnel who would be involved, of the vast new John Radcliffe Hospital being built there. The £20 million hospital will be completed in 1977. With 461 beds, it will serve a catchment area of half-a-million people between Northampton and Swindon. Father Jeffery questioned the whole principle of such a hospital, involving the inevitable depersonalisation of medicine, the development of a "medical ghetto", and the appalling strain imposed by such a colossal institution on the community in which it was set.

Where were the houses for staff to live? What about transport facilities? Where would visitors to the hospital from Northampton or Swindon stay, or even eat? "Do hospitals care for the communities, or only for the people who get into them?" asked the Rural Dean. Should far more money not be put into the prevention of sickness within the community, rather than in the building of vast medical institutions of this kind; and was consideration ever given to the enormous amount of money spent on these projects compared to the minimal amounts available for medicine in the poor two thirds of the world?

Researched by Les Hemsworth

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## ELECTORAL ROLL

2019 is the year (it happens every 6) when all electoral rolls are renewed – not just checked and updated. There is therefore now a completely new roll and it is available for you to check for accuracy of the data entered. The statistics will be in the Parish annual report and announced at the APCM on Sunday 28 April.

Those named on the roll are entitled to stand for office and vote at the Annual Parochial Church Meeting. If you missed the registration period, you can be added to the Roll at any time during the year, after the APCM. Your completed form should be sent to Lesley Williams.

The new Roll formally comes into operation on Sunday 7th April. Following checking, the displayed copy will show only names and no personal details.



# REAL EASTER EGGS



Of the millions of chocolate Easter eggs sold each year, this is the **ONLY** one on the market that is made from Fairtrade chocolate, is palm oil free, uses no plastic packaging, includes a 24 page story of Easter with activities booklet *and* contributes some of the profits to charity.

As usual there is the standard milk chocolate egg (£3.99); dark chocolate egg + 3 chocolate squares (£5.50) and special edition + hand woven bookmark + chocolate bar (£9.99).

We have a small stock available but you should be able to buy the standard egg at larger branches of Tesco, Morrison's, Waitrose and Asda and at Oxford's fairtrade shops in Headington and Cornmarket.



## Re:refresh

A pause from everyday busyness

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## SAFEGUARDING IN COWLEY PARISH

### SAFEGUARDING IN COWLEY PARISH

As a Parish, we are committed to the Christian care, nurture of, and respectful pastoral ministry with, all children and all adults but particularly those who are vulnerable.

So we will ensure that our policies and practice on selection and training of those with any responsibility within the Church are in line with safer recruitment principles, including the use of Disclosure and Barring Service criminal records checks where applicable.

We intend that St James and St Francis churches will be safe, caring communities which provide a loving environment where there is a culture of 'informed vigilance' as to the dangers of abuse.

We will challenge any abuse of power, especially by anyone in a position of trust.

We will follow statute, guidance and recognised good practice in all safeguarding practice and ensure that all users of our premises do so too.

Negotiating dates is in hand for a further C0 and C1 course at St James Centre on a Tuesday evening or Saturday morning during March/April/May for those volunteers who missed them last year or who are new in a Parish role that requires the training. But the two hour sessions are also open to anyone who wishes to access background knowledge and understanding of the subject

Safeguarding is everyone's responsibility

Lesley Williams 01865 779 562  
07982 439 828

safeguard-

[ing@cowleyteamministry.co.uk](mailto:ing@cowleyteamministry.co.uk)



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# DEANERY SYNOD

The Deanery Synod Meeting on the 26 February was held at St James Church Centre

The following matters were discussed:

## Church Plants:

Martin Gorrick spoke about the process of Church Plants and that most, if not all, congregations were in some ways planted, whether that was direct plants, or by “new expressions” or the development of “Messy Churches” for children. There was no escaping the fact that over the next 12 years, the Diocese was to have a population about the same as that of Edinburgh coming into the area and all these people had to be catered for somehow, both to provide them with an Anglican place of worship as well as to carry ministry in many different ways. Church Plants are therefore a necessary means of responding to that change. The main subject was that of the St Ebbs Church plant.

Vaughan Roberts spoke about the journey of how the St Ebbs community came to have the ability to use the URC building and the fact that it was a useful and necessary means to accommodate the Church's expansion. He had communications with The Archdeacon, then Bruce Gillingham from St Clements, about a move to Cheney School, sometime ago but this had not come to fruition. The Church Plant at the URC would be kept under review to see if it created a disruption of Church congregations in the Parish.

Martin Gorrick indicated that most spiritual growth is positive and not negative.

## Blackbird Leys:

Heather Carter from the Church of the Holy Family in Blackbird Leys then spoke of their journey with their leaky roof which sounded like a real ordeal. She spoke about how the Church community grew from its roots to provide faith and ministry services to the community and the fact that the roof alone would take £3 million to completely replace, so instead they had a plan to not only do up the roof, but also rebuild on the development including the development of meeting rooms for recovery programs, shop fronts for the credit union, a funeral service and community space as a means of serving the local community. They were also planning on some social housing on the complex to help pay for the whole development. It would take robust financial planning.

## Littlemore:

Margreet Armitstead from Littlemore Church spoke about their vision for the church. They are already at half way point for the £320,000 that would be needed for their development. A video was presented about the social needs of the Littlemore area and how deprived it is. The developments themselves seemed again to not just benefit the church, but also the wider community.



Barton:

Eric Bossward, the Vicar of St Mary's Barton then spoke of the vision for the development of their church. In continuing the theme of the evening, the developments seemed to be about mission as well as benefiting the church itself after a Purcell Feasibility study. It was about the remodelling of the inside of the Church for prayer space, children's church a decent recognisable entrance, improved sound system, playground area, classrooms, a good kitchen and toilets. This will require about £2 million. Barton and Sandhills is also one of the most deprived areas.

Trevor Jones gave a report on the finances of the Deanery, indicating that the Deanery share was paid up in full. There was also a short discussion on Deanery Mission Funds.

Geoff Bayliss, Area Dean, spoke about the issue of fees for self-supporting ministers and that the Oxford Diocese was trying to keep the parish share down through how it worked things out. This would be discussed fully at the next meeting.

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**EASTER BONNET CRAFTY TEA PARTY**  
Saturday 13 April, 3:30-5:00  
St Francis Church



A gentle afternoon when you can make and decorate a beautiful bonnet or hat – or bring a hat/cap from home and decorate that. There may be prizes.

More importantly, there will be tea/coffee, toasted hot cross buns and home-made cake.

No booking needed – please just come and bring family and friends.

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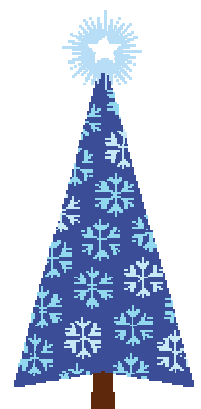
**COWLEY FESTIVAL OF CHRISTMAS TREES 2019**

13-22 December

This is the second Cowley mention of Christmas 2019. The first planning meeting to decide on the theme and the structure of the Christmas tree festival - not necessarily the same as previously - and its associated events will be on Wednesday 22 May, 9.00am in the Ranklin Room

We do hope there will be new members in the planning team.... please talk to Lesley Williams if you would like to know more

Lesley Williams 01865 779 562 07982 439 828 [ctf@cowleyteamministry.co.uk](mailto:ctf@cowleyteamministry.co.uk)



# March brings breezes, loud and shrill, To stir the dancing daffodil

This verse from a poem I learnt as a child has certainly summed up a large part of what has been going on this March. The daffodils are with us and have certainly been dancing in the high winds we have experienced. But, certainly, spring is now here.

I was smugly pleased that the latest of Monty Don's "Jobs for the week-end" on Gardener's World have all been done by me already, such as cutting down shrubs like Buddleia, pruning Wisteria and splitting crowded clumps of snowdrops to spread them around further.

I am also well into seed sowing. I am held up somewhat by the capacity of my heated propagator but I hope to have grown as many plants from seed as I can ready for the Plant Sale on 18<sup>th</sup> May. Chillies are away first as they are slow growers and I have four varieties of tomatoes all up. As soon as one pot of seedlings has grown enough in the propagator, then another will be put in to replace. Most seeds that need to be started early also need some heat to get them going. I am wanting small pots (about 4" diameter) so if you have any lurking, please recycle them in my direction. Please, no larger ones as I have enough for this year.

The poem, which starts "January brings the snow...." I find, was written by Sara Coleridge, a daughter of the poet Samuel Taylor Coleridge. Both Sara's father and William Wordsworth were friends who had both moved to the Lake District in about 1800 and here is another connection to daf-

fodils as, arguably, the most famous poem in the English language, 'I wandered lonely as a cloud', was composed in 1804, two years after Wordsworth saw the daffodils while walking along the shore of Ullswater on a stormy day with his sister, Dorothy.

His inspiration for the poem came from an account written by Dorothy in the journal that she was keeping during their time living at Dove Cottage. In her journal entry for 15 April 1802, Dorothy describes how the daffodils 'tossed and reeled and danced, and seemed as if they verily laughed with the wind, that blew upon them over the lake'. These daffodils would have been our native ones and not the taller varieties that we see these days. Talking of native varieties, there is a quiet corner near me that is covered in pale yellow violets. The native ones are blue, of course, but seeing the ground sparkling with lemon yellow is a delight especially as they have bursting sticky buds of the conker tree above them.

"April brings the primrose sweet,  
Scatters daisies at our feet."

As we go into April the primroses have been out for a while and a great patch of them is along a drive near the bottom of Beauchamp Lane. There are more delights to come as the weather warms and the sun shines. Hedges, fields and gardens green up and we can revel in blossom. The soil is warming and it will soon be full-on getting seed sowing on the allotment. Busy times!

Joan Coleman (always in need of small pots!)

# DIARY DATES TO REMEMBER

## Mothers' Union

Monthly Meeting on 3<sup>rd</sup> Monday of month  
from 2.15 pm

15 April 2019 – "John Wesley in Oxford" – talk  
by Brian Lowe

St James Church Centre

## Women's Institute

Monthly Meeting on 3<sup>rd</sup> Wednesday of month  
from 2 – 4.30 pm

17 April 2019 – WI Birthday celebrations  
followed by an Easter inspired card making  
demonstration by a WI member

St James Church Centre

## Gardening

Last Saturday of the month – Gardening at St  
James Church/St James Church Centre

St Francis Annual Congregational Meeting  
(with lunch)

Sunday, 7 April 2019, at 12 noon

St Francis Church

## Film Club

Friday, 12 April 2019 – "Oranges and Sunshine"

St James Church Centre, commencing at 6.30  
pm with coffee and cake

St James Annual Congregational meeting

Sunday, 14 April 2019, at 12 noon

St James Church Centre

## Parish Walk

Monday, 15 April 2019

Meet at St Francis Church at 2 pm to walk to  
Brasenose Wood.

Maundy Thursday Fellowship Supper + Holly  
Communion + prayer vigil

Thursday, 18 April 2019

St James Church

## Messy Church

Good Friday, 19 April 2019 10 – 11.30 am

Venue to be fixed

## Moonrakers Concert

Friday, 26 April 2019, at 7.30 pm

St James Church

Annual Parish Meeting and Annual Parochial  
Church Meeting

Sunday, 28 April 2019, at 12 noon

St James Church Centre

REMEMBER: Tuesday lunches at St James

Church Centre from 12.30 pm

**COWLEY HISTORY GROUP**  
At The Venue  
242b, Barns Road  
Cowley, OX4 3RQ  
Opposite Templars Square  
Shopping Centre  
On main Bus Route  
**7pm - 8.45pm**  
FREE refreshments from 6.40pm  
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**KATIE HAMBROOK**  
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For further information

## UNA'S CORNER

It was about the year 1961 when Cowley Centre was starting to be built. For many years there had been plans for Cowley and I remember my father taking me as a small child to the library in town to see them. Among other things they included plans for a bowling alley at the junction of Between Towns Road and Oxford Road, opposite the Swan pub. This did not get built.

There was a small row of shops on the left of Between Towns Road which included a draper's shop which was called Bon Marche. It was strange that a Bon Marche clothes shop appeared in Cowley Centre but it was a much bigger shop than we have now.



Advert in Cowley Chronicle: April 1940

In 1961, when my first child was a tiny baby in a pram, I used to go down a path from Barns Road where there is a foot path to the top of the square which is now Cowley Centre. There was 'Fine Fare', a large grocers' shop which 'stacked them high and sold them cheap' and a café upstairs, with the rest of the site a mud bath whilst the builders worked.

The interesting thing is as one walked along the path from Barns Road, on the left-hand side was a large free car park. We were told that there would always be free car parking at the Centre, but that promise was not kept.

As you walked towards the Centre, you went along behind 'The Nelson' pub, which at that time fronted the original Between Towns Road, but in the building of the Centre, Between Towns Road was moved. The back of the pub became the front and was smartened up a bit. In time, The Nelson was rebuilt facing the new Between Towns Road and has now closed altogether.

I remember my uncle Cliff visiting us and saying to my father, as they stood by Cowley Centre, "How has it happened that Between Towns Road has been moved?" Poor old uncle, he never understood how it was done.

It was very interesting to watch the Centre being built and when it was completed, it included a Sainsbury's store which was well large for those days. That was where Wilkinson's store is now. In that area was also a small Woolworth and a WH Smith, which is still in the same place as it always was all those years ago. There was also a fountain in the square which was made up from concrete blocks. This fountain was loved by the children, but mothers complained that the children got soaked and the water was eventually turned off. The children then climbed all over the concrete blocks and several falls occurred and complaints were made that it was an eyesore, which eventually led to the fountain being taken away.

One aspect of Cowley Centre was the wind-tunnel effect, this being due to the Centre being built without a roof. As you walked under the flats the wind would whistle and it became very hard to walk through if you had a plastic bag in each hand which caught the wind. A roof was added later and now there are new plans to update the Centre again.

Gradually all the shops were built, by which time I had two children. What I used to do was have Rachel as a small baby sleep in her pram with Simon, two years old, sitting on a seat at the back of the pram. I would never leave my children outside a shop and so I had to go into Sainsbury's and do my shopping with a basket in one hand. When I got to the till I had to go out of the shop, along the front and in the normal door and wheel the pram up to the cash desk, because the pram would not go through between the tills. When Simon became a little bit older, he used to walk with me and I used to ask him sometimes to put something in the trolley for me. A bag of sugar perhaps or some small items. He used to enjoy doing that. I used to wrap Rachel up in plenty of blankets in the trolley.

When visiting W.H.Smith's, I was horrified to see Simon playing on the floor with a Dinky Toy. He had taken the box from the display on the shelf. It was difficult to explain that you just didn't take things off the shelves in every shop. He couldn't understand that we took items from the shelves in Sainsbury's, but he wasn't allowed to do it in Smiths.

There will be more on the Cowley shops in the May edition.

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## PERSONALLY SPEAKING

It is with great sadness that we learnt of the death of Marlene Shreeve, a lady who had fought ill health with great strength and spirit over a number of years. She will be missed greatly in the Parish, and our thoughts are with her husband John at this time.



# SUNDAY SERVICES

## ST JAMES CHURCH, BEAUCHAMP LANE

8.00am Holy Communion  
10.00am Sung Eucharist  
1.45pm Anglican Asian Living Church  
Sunday Lunch – the date varies so watch for notices

## ST FRANCIS CHURCH, HOLLOW WAY

10.30am Parish Eucharist  
1st Sunday All Age bring n/share lunch

## MID-WEEK SERVICES & MEETINGS

Morning Prayer	8.00am	Tue, Thu, Sat at St James; Mon at St Francis
Monday	10.00-11.30am	Little Stars Playgroup— St Francis
	2.30pm	Parish Mothers' Union— St James (3rd Monday)
Tuesday	10.00am	Seashells Toddler Group— St James
	12.00pm	Eucharist—Ranklin Room, St James Church Centre
	12.30pm	Tuesday Lunch Club— St James
Thursday	7.30pm	Local House of Prayer, St James

## HOME GROUPS

Leader	Time/Venue
Friends of St Francis (Katherine Reed)	2nd & 4th Tuesday afternoons at 2.30pm St Francis Church
Geoff Bayliss	Alternate Wednesdays at 10am St James Church Centre, Ranklin Room
Mark Oxbrow	Alternate Wednesday evenings at 7.30pm Mark's home, 13 Annesley Road (just behind the Rose Hill Coop). Enquiries to Mark at 01865 461953
Rosanne Butler	Alternate Thursday mornings at 10.00am St James Church Centre, Ranklin Room

The Parish Office in St James Church Centre is staffed by volunteers and is not covered continually. Please leave a message and someone will get back to you.

Contact details: Tel: 01865 747680  
Email: [office@cowleyteamministry.co.uk](mailto:office@cowleyteamministry.co.uk)  
Out of hours tel: 01865 778596  
Website: [www.cowleyteamministry.co.uk](http://www.cowleyteamministry.co.uk)

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### Team Curate:

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Revd Tony Beetham  
Tel: 01865 770923  
Email: [tonybeetham1@supanet.com](mailto:tonybeetham1@supanet.com)

### Churchwardens:

Christine Woodman Tel: 778078  
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