

## Saturday 10th December

10 am - Messy Church Christingle @ St. James Church OX4 3LF

#### Sunday 18th December

9.30 am Eucharist with Carols @ St. Francis Church OX3 7JF 4.30 pm Outdoor Carol Service @ St. James Churchyard OX4 3LF

#### Saturday 24th December - Christmas Eve

4 pm - Crib Service @ St. James Church OX4 3LF

6 pm - Anglican Asian Living Church @ St James Church OX4 3LF

6 pm - Carols @ The Corner House Pub, Headington, OX3 7JF

11 pm - Midnight Mass @ St. James Church OX4 3LF

## Sunday 25th December - Christmas Day

8 am - Holy Communion @ St. James Church OX4 3LF 9.30 am - Family Christmas Eucharist @ St. Francis Church OX3 7JF 9.30 am - Family Christmas Eucharist @ St. James Church OX4 3LF 11.30 am - Anglican Asian Living Church @ St James Church OX4 3LF

December 2022 / January 2023

## From the Editors

Sally Hemsworth and Nicki Stevens

Life is very busy in the Parish with the preparations for Christmas – details of services are given on cards and these are awaiting delivery to roads and schools in the Parish. They are also given in the Chronicle.

Things are quieter in January, but you will see lists are up for the holiday in Torquay. Please sign the list or speak to Pat Chambers if you are interested. To allow the holiday to take place Pat needs to know if there is any interest.

The Parish Walks continue – but another interesting idea has come forward. Liz Woolley does various walks within Oxford City, explaining the history of the areas visited, at a cost of £6 per walk. Lists will go up for these after Christmas so if you are interested please sign to express an interest.

The Craft Fair raised about £1,250, which included holding a Tombola in Templar Square, and sales of cake and marmalade after the actual day. This money is going into the "Flush" Fund for the toilet at St James Church, so many congratulations to Chris and Margaret for arranging it and to all who participated in one way or another.

Many people contribute articles to The Chronicle and we look forward to this continuing in 2019. However, we are always looking for more contributors – so please help!

We hope you have an enjoyable Christmas and our best wishes for the New Year. Please enjoy this month's Chronicle,

We apologise for the lateness of the Chronicle – preparing and celebrating at the Parish Dinner is partly responsible! It was a lovely social occasion with friends and lots of good food. The occasion was very well arranged by Geoff and a team of helpers, and the tables were set out in true Christmas spirit – a good start to the celebrations. Congratulations to all Geoff and his team and those who came for making it such a special occasion – see photos:





## A word from the Rectory

Across the country we are linked by the Follow The Star: Great invitation theme. You might see it on buses, or Facebook, or any number of other ways. It is the persistent call of the Church to the world: Come and find the life in fulness God wants for you! Every step of our lives is part of the message that the world sees. Come, taste and see!

One of my favourite family songs is this

Our God is a good God, yes he is!

Our God is a good God, yes he is!

He lifts us up, He turns us 'round.

He sets our feet on higher ground.

Our God is a good God, yes he is!

The 'Great Invitation' is to experience that truth. It is an invitation for each of us and an invitation we can extend to others. One simple way of doing that is to pass on Church invitation cards to your friends and neighbours. You will get one, at least, each Sunday in church. If you can ask God, in a simple prayer, to guide you who to give the invitation to and follow where that leads you. This





may even lead to you inviting someone to one of our special services.

On this page you will see 2 significant images: One for the 'Great invitation' and another for the 'Festival of Christmas Trees". For the second, this year, we are using the theme 'Peace on Earth'. It is amazing how when we respond to the 'Great Invitation', somehow the chances of 'PFACE' increase. Peace is part of the fruit of the Spirit: the effect of allowing God, in Jesus the Christ, into our lives has. Shaping our lives to do things the Jesus way changes our focus. As we become more focused, we find so many things change. So, this year, listen to the call of the angels on the hillside:

"Glory to God in the highest heaven, and peace on earth to those with whom he is pleased!"

May we be people who call down God's favour on all around us!

A merry Christmas to one and all!



# Film Club at the Centre

Because we are a club – in the best sense of the word – we listened to several of our members in November who were concerned that some of the explicit scenes in the film chosen for that month were disturbing and frankly unsuitable for club viewing. So we scrapped it and in its place ran that lovely film "Far from the Madding Crowd" in which Julie Christie plays one of her finest roles, and the glorious views of the Dorset countryside – plus a happy ending – sent us all home happy.

There will be no such problems this month as we are looking forward to seeing the ultimate Christmas film "It's a Wonderful Life". Nearly all of us have seen and loved it over

the years, but it is essential Christmas viewing, with James Stewart in fine form. December club night is on Friday 9<sup>th</sup>.

Next month we meet on Friday 13<sup>th</sup> January 2023, when we are showing one of our members' favourites – namely "Inn of the Sixth Happiness." It tells the true-life story of the wonderful Gladys Aylward who led a group of vulnerable children through the mountains of China, away from the dangers of war. She also introduced true Christian love and charity to endangered people. Ingrid Bergman plays Gladys magnificently.

More good news! Another new member has joined the club.

Rosanne Butler

## FAIRTRADE - where are we with it as a Church and Parish?

The PCC has now agreed unanimously to confirm our determination to work harder at Fairtrade Parish Status, as we declare we are living by the Kingdom principles of caring for those who produce, process and transport our food. So we have now rebooted our fairtrade commitment!



We confirm that we will stock the kitchen only with those fairtrade products which are readily available in the shops so *all such donations to kitchen supplies should be Fairtrade, please* 

Any non-Fairtrade donated items of goods which are readily available in the shops will be graciously received but passed on to the Community Emergency Foodbank



Note that the Co-op and Sainsbury's, along with Headington Fairtrade and Fairtrade at St Michael's, are suppliers.

## CHILDREN'S CORNER

## **CHRISTMAS 2022**

Well, that's the end of another year!
Christmas coming and time is going very
quickly, before you know it – another New
Year.

Many people, and older people are of course included, think about the past year and all the things that they still want to do, and make plans to do them – *next* year. We are 'all in the same boat' you know. But it is difficult to keep up with everything. All of us have that opportunity to finish the jobs that are not quite done – or start again with 'a clean sheet' as they say.

That may sound silly, but it isn't really. Each New Year is a blank sheet of paper on which you will be 'writing' history. What an opportunity – to write history! I find this more interesting as I grow older because I seem to have less time to do it each day. Time waits for no man/woman, as they say – and it surely doesn't. Each day you add a little more to the picture or story of your life and everyone has only 24 hours in each day. Even if you sit and think, you are adding a little to history, because you are making memories – little pictures in your mind. So why not put them down on paper – as a

drawing, painting or as a story, so that others can 'see' your thoughts or memories. Photographs are all very well, but when you draw or paint, you are telling everyone what you see, and it can be much more interesting than the exact picture taken as a photograph.

If you have a 'bright idea' write it down before you forget it. You don't need to do it straight away, it will have 'a little bit of you' in it and will become more real as you think about it.

When you receive a present or have been to a party with friends, write them a note to thank them. You will be giving back a little bit of *you*. A handwritten note nowadays is really appreciated by friends. It also helps you to practice handwriting, because you may not always have a 'phone or computer to use, and it will cost a lot less than fancy cards, unless you are good at making cards yourself. Now! – *That would be Tops!* 

A Happy Christmas and Health and Happiness for the New Year to all readers of the 'Children's Corner' Uncle Ben

## MOTHERS' UNION NEWS

Greetings cards produced and sold in aid of Mothers' Union charities both in this country and abroad are of excellent quality, so at our November meeting members were able to buy cards for Christmas, birthdays, congratulations and other occasions. Some of these lovely cards will also be on sale in St. James' Church during the Christmas Tree Festival.

Talking of which, plans were made on how we hope to present and decorate our tree this year. Every year since the Tree Festival began, we have decorated a tree to tell the wider world what the Mothers' Union stands for.

Next, we organised plans for our Christmas party which takes place on the 19<sup>th</sup> December. This year it will be held in the Parish Church with carols, Christmas readings and a very good tea!

The main part of our meeting last month however, was a fascinating talk by our curate, Liam Cartwright about his journey of faith. Beginning in a small primary school whose headmistress was a devout Christian and had been a missionary – to his love of church music, Liam told how, with the encouragement and support of some amazing people he became an organ scholar and then realised that God was calling him into the ministry. He ended up by telling us how pleased he is to be here among us, and we are very pleased that he is.

Rosanne Butler

# SUPPORT PHONE NUMBERS NEEDING ADVICE OR HELP? or just want to talk?

#### SOME USEFUL LOCAL NUMBERS:

 Citizens Advice:
 08082 787 909

 Oxford City Council:
 01865 249 811

 Oxfordshire Mind:
 01865 247788

 Red Cross coronavirus support line:
 08081 963 651

 Corrections available 24/7
 11/ 122

Samaritans available 24/7: 116 123

The Archway Foundation: 01865 790 552

Mental Health helpline available 24/7 - NHS Oxford Health:

Adults: 01865 904 997
Children/young people: 01865 904 988
Age UK—new telephone service for older people 01865 411288

Have you been receiving a lot of scam calls on your phone, some of them quite scary? If you are concerned about them, you can obtain help by:

- phoning 03450 700 707 that's a special department set up by the police OR
- Silver Lines, open 24 hrs for assistance on 08004 708 090 this is a charity set up by Esther Rantzen, primarily to assist those elderly people in need of assistance and who live alone and are in fear of being abused.

OPEN THE BOOK telling scripted Bible stories in assemblies for our three Parish schools – an essential part of our mission to the children of Cowley

YES! IT'S STILL AN URGENT RECRUITMENT MESSAGE for the Open the Book team, especially as Team Coordinator Lesley Williams, the only member of all three teams, will be away for three weeks January-February!

Our teams are depleted! With our curate Liam Cartwright and Shalom Gurjar from Grace Church not always available, more team members are urgently needed in each school. Jill Ling is now sourcing, creating and storing the props but would welcome a co-creator, who need not be a story teller.

Our commitment is for alternate weeks in each school but you can do as little or as much as you wish – only Lesley Williams is now in all three teams; all other members are in just one. The roles are assigned a fortnight ahead; we meet at the school half an hour before the assembly to rehearse, usually with children taking some of the parts. It's fun and much appreciated by the schools and the children and of course shares The Word with the next generation.

- alternate Mondays at 8:45 arriving at 8:20 St Christopher's School, Temple
   Road
- alternate Tuesdays 2:45 arriving at 2:15 Church Cowley St James School, Bartholomew Road
- alternate Thursdays 10:30 arriving at 10:00 St Francis School, Horspath Road

We are also now supporting the development of a team for St Frideswide School, Cricket Road, with the Parish of St John - SS Mary and John church. We plan to host a

training by The Bible Society's Open the Book national team, open to all Oxford churches, some time into the New Year.

to learn more about what's involved, talk to Geoff – Lesley Williams - Jill Ling



# JOHN SHREEVE'S ARTICLES FROM PAST CHRONICLES AMAZING GRACE December 2010

We are all aware of the fact that our Christian faith has been under fire from outside sources over recent years. People have been trying to marginalize it, to say that it is out of date and irrelevant in this modern world. And if it were just a matter of old words and traditions and rules, perhaps it would not matter so much if it went by the wayside. Yet, we who are close to it know that it is much more than that. We have the unique power of the Holy Spirit to change and transform lives, often against people's own inclinations. St. Paul experienced this in his own life and saw it at work in the early church. It is something coming from beyond ourselves, outside of our own will and plans. And there have been many examples of people changing throughout the centuries and in our own times.

There have been few periods in our history when so many people's lives were in such a mess as they are today, particularly amongst the younger generation, who feel that their lives are empty and meaningless without hope or direction. They feel that if only they could become rich or famous everything would be wonderful, but life does not work like that. So they flounder about, seeking all sorts of weird experiences and sensations, and missing out on the one thing that would give them real satisfaction and contentment. Can we who know the real answer turn our backs on things and give up the fight for our faith? No! We must continue to stand up, stand up for Jesus, as soldiers of the cross. We owe it to our generation – we owe it to God!

John Shreeve

## SAFEGUARDING IN COWLEY PARISH

We intend that St James, St Francis and the Anglican Asian Living Church will be safe, caring communities which provide a loving environment where there is a culture of 'informed vigilance' as to the dangers of abuse, including domestic violence and bullying.

We will challenge any abuse of power, especially by anyone in a position of trust in our churches.

We follow "statute, guidance and recognised good practice" in all our safeguarding procedures and check that all users of our premises also agree to do so.

Safeguarding is everyone's responsibility – please be sure to report anything you observe that worries you about someone's safety or wellbeing whilst at church or on-line.

Lesley Williams 01865 779 562 07982 439 828 safeguarding@cowleyteamministry.co.uk

## **Prayer Space**

Come, Lord Jesus, Rule in our days, Come as King. Come as joy.

Rule in our hearts, Rule in our darkness,

Come as love. Come as light.

Rule in our minds, Rule in our bodies, Come as peace. Come as health.

Rule in our actions, Rule in our labours, Come as power. Come as hope.

Thy Kingdom come Among us.

**David Adam** 

O God, we thank you for the message of peace That Christmas brings to our distracted world. Give peace among nations. Peace in our land, Peace in our homes, And peace in our hearts as we remember The birth at Bethlehem of the Prince of Peace, Jesus Christ our Lord.

Living God,

there are times when I pray

but the words just won't come,

and times when I simply don't know what to pray for.

There are times when I forget to pray,

or when my prayers are casual and half-hearted, squeezed in as an afterthought at the end of the day.

Thank you, then, that I am not alone in prayer, that your response does not depend solely on my efforts.

Thank you for the work of the Spirit within, articulating my deepest thoughts and needs, and for the faithfulness of Christ, Constantly interceding on my behalf.

Living God,

hear my words now and their prayer always, and, in your mercy, reach out in love.

Amen

Taken from Prayerfully Yours By Nick Fawcett

## A WARTIME CHILDHOOD

Eighty years ago, the preparation and run up to Christmas couldn't have been more different from the way we do things today. To begin with, there were no such things as sparkly lights. In fact, because of the 'blackout' not a single light had to be visible outdoors after dark. No 'fairy lights' in gardens no homes lit up "like Crystal Palace" as my dad would have said, no city-centre Christmas trees and even the buses needed to have shades over their headlights and no lights inside.

Out in the country it was important to make sure your home was well stocked-up with fuel (central heating was something for the future) so logs were chopped, kindling was stored somewhere dry and paraffin for fuelling the oil lamps would be stored away whilst the ration of coal would be ordered.

The next big issue was Christmas dinner. In the corner of our big garden was a chicken run where, throughout the year, we had a family of hens lorded over by a couple of noisy cockerels. For a few weeks before Christmas these guys were penned off from their wives and fed on the finest scraps that could be spared. We needed them good and plump for the big meal! Of course, vegetables were no problem as we grew our own and onions were carefully strung up to dry, ready for the stuffing. For weeks before, my mum would save up her allocation of dried fruit and sugar

(Part 26)

to make the Christmas pudding. Suet could be bought at the butchers and the 'austerity' standard loaf provided good breadcrumbs, but the fruit had to be augmented with chopped apple and grated carrot. The pudding would be steamed in its white pudding-cloth in the old stone copper out in the scullery.

The other cockerel, by the way, was plucked, dressed and with an onion tucked inside, was wrapped in wax paper, parcelled up in brown paper and then sent by post to some close friends still weathering the Blitz in London. With no home refrigeration in those days, the timing of dispatching the parcel was crucial to the cockerel being fresh enough for the Christmas feast.

A few weeks before the big day, mummy and I would take the bus to Oxford for shopping. I had sixpence a week pocket money, so to save up ten shillings was quite a challenge. I usually managed it and spent some of my savings on little pocket calendars for my lovely teacher and other people who had been especially kind to me in the village. And then there was daddy, of course. He was a smoker, so he usually got a wad of tobacco or a pack of cigarettes. I remember one year mummy bought him a lovely pair of leather gloves from Elliston & Cavell. He wore those gloves for years and years.

Then there was the matter of a Christmas tree. The first year that we got to the cottage,

daddy cut two big branches from the lovely old yew tree that grew in the garden, wired them together and potted them in a bucket which was covered in crepe paper.

Decorations were virtually inaccessible during the war, so you had to rely on what you had managed to hoard away from earlier years. We had some little clip-on candle holders, and you could get the candles through them, although they were a bit of a hazard if fixed too near another branch.

The lady to whom we had sent the cockerel had given me a box of beautiful old glass baubles at the beginning of the war, so these took pride of place on the tree. Incidentally, I still have two of them left after all these years – and they will go on my tree again this year!

To decorate the room, again it was a case of what you had squirrelled away from pre-war days. We had several of the fold-out paper balls and bells. You could buy coloured paper strips to make paperchains and one of my treasured memories is of sitting at the dining table with a pot of flour-and-water paste, making the paperchains. I loved it when our cottage room was fully decorated.

Out in the countryside, the workers would work right up until lunchtime on Christmas Eve and, of course, those with animals to tend (as of today) still had the cows to milk, and stock to feed, so for some, the holiday was quite brief – but I expect a little bit special.

For me, it was early on Christmas morning when: Had Father Christmas come? Had I been good enough? Well, of course, he always did! Mummy usually managed to make me something new to wear. I always had a book, usually a Rupert Bear annual and often a storybook too, with perhaps a jigsaw puzzle and a boardgame to play. One year I had a hand-me-down dolls pram to play with which was passed on from an older cousin.

Mummy always went to church to take communion in the morning while daddy and I cleared up the breakfast things and stoked up the fire in the kitchen range, so that the oven would be hot enough to cook the wonderful Christmas dinner. Like everyone else, we would turn on the 'wireless' in time to hear the King's speech and then it would be a cosy afternoon listening to whatever the BBC had to offer, reading our books, maybe playing Ludo, or Snakes and Ladders.

A few days after Christmas, mummy always planned a little tea-party for my friends. How she managed to make a party tea in those days of rationing I'll never know, but I seem to remember little treats – and her chocolate blancmange was something special! We always kept our decorations up until Twelfth Night (I still do) and then it was back to school, cold winter days and Jack Frost at the window.

Rosanne Butler

## DATES FOR YOUR DIARY

Parish Events are planned through the Cowley Parish Mission & Social Planning Meeting – next meeting 9 January 2023

If you have ideas for events please attend the meeting (ZOOM Meetings) or speak to Lesley Williams. This group tries to avoid clashes of Parish events so that we can enjoy them all.

Christmas Tree Festival, St James Church 9 – 18 December 2022 – detailed programme:

- ø Jubilee Brass 'Play for Peace' Saturday, 10 December, 7.30 pm
- Rising Voices "Sing for Peace", Tuesday, 13December, 7.30 pm
- ø 'Songs of Peace', harmony singing workshop led by Emily Marshall, Wednesday, 14 December, 7 – 8.50 pm.
- ø 'Jazz for Peace' with the Oxford Jazz Project, Saturday, 17 December, 4 pm.

Film Club, St James Church Centre, from 6.30 pm

Friday, 9 December 2022 – "It's a Wonderful Life"

Friday, 13 January 2023 – "Inn of the Sixth Happiness

Carol Service, St James Churchyard Sunday, 18 December 2022, 4.30 pm

Crib Service, St James Church Saturday, 24 December 2022, 4 pm

Carols in the Corner House Public House

Saturday, 24 December 2022, 6 pm

Epiphany Big Brekkie for Christian Aid Sunday 8 January 2023

9 – 9.40 am, particularly for those at the 8 am service

10 – 10.40 for those coming to the 11 am service

But open to anyone who enjoys porridge, crumpets, croissants, bacon butties, scramble egg.

Crumpets and Games, St Francis Church Saturday, 14 January 2023, 3 – 5 pm



## **CRUMPETS AND GAMES**

Saturday 14 January at St Francis Church - 3:00-5:00pm

This is our now well established new year event to blow away the January blues – games for all tastes and aptitudes – bagatelle, table tennis, skittles, quoits, tic-tac-toe, shove-halfpenny..... there may be prizes

.....and as many crumpets as you can eat, topped with what you will.

Game playing is not obligatory; you can just spectate, chat and enjoy the crumpets.





# EPIPHANY BIG BREKKIE FOR CHRISTIAN AID

Sunday 8 January 2023

The Saturday Big Brunch we trialled in September was fun and relaxing but not well supported so we are reverting to a Sunday breakfast with two 'sittings' – 9:00-9:40, particularly for those at the 8:00 service but obviously open to anyone; 10:00-10:40 for those coming to the 11:00 service but also open to anyone who enjoys porridge, crumpets, croissants, bacon butties, scrambled egg.

Discussion is underway as to whether it's to be held in the church or St James Centre but we'll let you know. Please come and start the new year with us, for the first of our 2023 Christian Aid events.

#### **RECIPES**

(From Favourite Christmas Recipes – Traditional Seasonal Fare

Venison and Chestnut Casserole

A rich, gamey casserole which is cooked slowly for a long time and needs to be started the night before

3lbs venison, cubed
1 pt. stout
4 pt red wine
1 bay leaf
1 teaspoon juniper berries, crushed
1 sprig thyme
1 small onion, finely chopped
3 tablespoons cooking oil
1 tablespoon flour
Salt and pepper
12 oz tinned whole chestnuts

Place the venison, stout, wine and herbs in a bowl, cover and leave overnight. Next day, set oven to 275°F or Mark 1. Remove the meat from the marinade and drain well on kitchen paper, reserving the marinade. Heat the oil in a flameproof casserole and add the meat, a few pieces at a time to brown them. Remove the meat from the pan and add the onion to the pan. Cook for a few minutes until lightly browned. Return the meat to the pan and stir in the flour. Gradually add the marinade and herbs, stirring all the time. Season to taste with salt and pepper. When the mixture reaches boiling point, cover and place in the oven and cook for 2-3 hours, until the meat is tender. Add the

chestnuts for the last 10-15 minutes of cooking time, until heated through.

**Old English Nog Tart** 

The traditional ingredients of cream, alcohol and nutmeg produce a rich custard tart 60z flour

4oz butter

½ pt creamy milk

3 tablespoons ground almonds

6 tablespoons caster sugar

¼ teaspoon grated nutmeg

2 eggs, separated

3 teaspoons powdered gelatine

3 tablespoons dark rum

6 tablespoons double cream

Grated nutmeg to finish

Set oven to 400°F or Mark 6. Rub the butter into the flour and stir in the ground almonds and 3 tablespoons of the caster sugar. Add a little of the milk and mix to a soft dough. Roll out on a floured surface and use to line a deep, loose based 8 inch flan tin or cake tin. Bake blind for 10-15 minutes, then leave to cool. Heat the remaining milk with the nutmeg. Beat the 2 egg yolks and 1 egg white with the rest of the caster sugar, then pour on the hot, but not boiling milk. Return the mixture to the pan and heat, stirring, until thick, but do not allow to boil or the mixture will curdle. Remove from the heat and cool slightly. Sprinkle the gelatine over the rum in a small cup and when it sponges (about 5 minutes) stir into the hot custard, stirring well. Leave to stand until beginning to set. Whip the cream until thick but not stiff. Whisk the remaining egg white until stiff. Gently fold the cream into the custard, followed by the egg

white. Place the mixture in the baked flan case, chill until set, and then sprinkle with grated nutmeg.

Rum Butter Tarts
These delicious spicy fruit tarts make a
change from the usual mince pies

8oz rich shortcrust pastry
2-3 oz "no soak" dried apricots, finely chopped
2oz raisins
1 tablespoon dark rum
2oz butter
2oz dark soft brown sugar
1 egg, beaten
1 oz ground almonds
½ teaspoon ground cinnamon
Pinch grated nutmeg
Pinch ground cloves

Set oven to 375° or Mark 5. Mix the apricots and raisins with the rum and leave to stand for about 15 minutes. Meanwhile roll out the pastry thinly on a floured surface and cut into 12-15 rounds with a pastry cutter. Line 3 inch greased patty or bun tins with the pastry rounds. Cream the butter and sugar in a bowl until light and fluffy, then beat in the egg, ground almonds and spices. Stir in the rum-soaked fruit. Place a spoonful of filling in each pastry case and bake for 15-20 minutes. Cool the tarts in the tins for a few minutes before transferring to a wire rack until cold. Serve warm or cold dusted with a little icing sugar.

## Our Seat on the Bus

The bus is back
Thank goodness for that.
The 46 bus is here to stay
So, let's be using it day by day.
Going to town is now easier by far
Or out to Great Milton not using the car.
Enjoying the ride through country locations

With lunch at the Bull as our destination.

Le Manoir too is at the end of our ride

With a glimpse through the gates of the
gardens inside

Our seat on the bus gives us pleasure and more.

Workers, shoppers, and pensioners all score.

So, let's all applaud and smile every day Now that the 46 Bus is here to stay

Printed with permission from Sheila Tree (Florence Park Newsletter)

Caring & professional

## **Foot Health Practitioner**

Routine nail trimming; corn & hard skin removal; diabetic foot care and advice; mildly ingrown, thickened and fungal nails

Home Visits or clinic appointments - Full PPE- sterilised instruments -insured & DBS checked

Kate Reid *MCFHP MAFHP* 07952127534

kate@nurturefootcare.co.uk

## **COWLEY FESTIVAL OF CHRISTMAS TREES 2022**

Theme: Peace of Earth

Dates: Friday 9 December – the opening reception for those taking part – through to Sunday 18 December - the closing outdoor carol service, with the return of the five travelling trees of peace



See the family and four musical events on the invitation card.

We will also be welcoming a group from Isis House care home and children from Church Cowley St James School during the week. We would welcome any other groups which would like to make arrangements to visit.



We are thrilled that there are five 'travelling trees of peace', currently sharing God's peace

around Cowley: two are visiting private homes – mainly those of Little Stars and Seashells families – and one each to schools, churches and community spaces. The travel bag accompanying each tree contains a dove tag for the host to decorate and add to the tree; a nativity scene with a tealight; a journey log in which to record what happened during its stay and to add a poem, prayer or thought about peace and illustrations; the words and music for 'Let there be peace on Earth' Cowley version.

## Cowley festival of Christmas trees 2022

## With the theme Peace on Earth St James Church, Beauchamp Lane, Cowley

## TRAVELLING TREES OF PEACE

## Let there be peace on Earth

Sung score and sound track provided

Let there be peace on Earth and let it begin with me.
Let there be peace on Earth, the peace that was meant to be, with us here in Cowley, good friends all are we; let us walk with each other in perfect harmony.

Spoken by the leader or selected other(s)

Let peace begin with us; let this be the moment now with every step we take let this be our solemn vow to take each moment and live each moment with peace through all Cowley Let there be peace on Earth and let it begin with me

everyone repeat

Let there be peace on Earth and let it begin with me

So what can you as a Chronicle reader do now to help during the festival?

If you read this during the week 5-9 December, there's always lots to do setting up

- ø there may still be some invitation cards to deliver around local streets
- ø there are laminated posters to go on lamp posts, railings etc.
- ø on Thursday 8 and Friday 9 December we will put up the advertising banners and arrow signs around the area
- ø donations of seasonal refreshments mincepies, Christmas biscuits, Christmas cake, savouries

- ø during the festival weekends opening times, we need lots more stewards/welcomers/refreshment servers
- ø and also help with serving refreshments at each of the musical events listed below
- buy for yourself and sell to others concert tickets for Jubilee Brass 'Play for peace' on Saturday 10 December: 7:30pm - £10 in advance; £12 on the door; £2 for children and students
  - tickets are available in church and on Eventbrite
  - https://www.eventbrite.co.uk/e/jubilee-brass-play-for-peace-tickets-472220332727 the evening will include an organ interlude, played by Liam Cartwright, and, of course, audience carol singing
- if you have other music tastes, come to hear Rising Voices 'Sing for peace' Oxford's community folk choir with some carol singing included
   Tuesday 13 December 7:30 pm
   no booking necessary donations
- Ø learn 'Songs of peace' yourselves in a harmony singing workshop led by local multichoir leader Emily Marshall - no experience necessary Wednesday 14 December 7:00 - 8:50 pm booking not essential but you can do so to ensure a place <a href="https://www.emilyschoirs.co.uk/event-details/songs-of-peace-at-st-james">https://www.emilyschoirs.co.uk/event-details/songs-of-peace-at-st-james</a> if you don't do so, donations will be encouraged, cash or card
- ø 'Jazz for peace' with the Oxford Jazz Project Saturday 17 December 4:00 pm no booking necessary – donations
- ø knit/crochet/create doves of peace to gift to the community, hanging them with a festival invitation card around Cowley on fences, hedges, park seats etc.
- ø and of course bring/send family, friends, neighbours, colleagues to the festival!

## ctf@cowleyteamministry.co.uk









## **SCAMS**

## 1) Scam mail for Christmas

Friends Against Scams would like your scam mail for Christmas!

Have you received post saying wonderful things have been seen in your future - all you need to make it come true is to send money or purchase an item?

https://www.friendsagainstscams.org.uk/scamnesty

Send your scam mail to the team FREE to NTSST, FREEPOST. MAIL MARSHALS

## 2) Santander

Which? Scam alerts for Santander were originally published in May, but in the last few weeks there have been a new wave of attacks.

Santander scam text messages are still doing the rounds, so it's really important to share this information with friends and family to make sure they know how to spot them.

Scammers are again sending text messages impersonating Santander, asking you to click a dodgy link to confirm a new payee or suspicious activity. Please send texts to 7726 and delete/block sender.

## 3) Post Office

The latest Post Office text message scam encourages you to take action by telling you that your parcel has been sent back to your local branch. It sends you to a legitimate-looking website under the guise of charging you for redelivery.

This can be very convincing, especially if you're doing a lot more online shopping in the run-up to the festive season. But remember, the Post Office will never contact you like this

# From the Archives **COWLEY CHRONICLE**



#### THIS MONTH'S COVER

Our cover is the reproduction of a drawing, now in the Bodleian Library, and never before published, made by Herbert Hurst in 1864, before the enlargement of the Parish Church. It is of a wall painting which formerly decorated the wall just above the pulpit and depicts what may be the founder (the taller figure), perhaps Edith, the wife of Robert D'Oilly giving a model of the church to another female figure, perhaps an Abbess of St. Frideswide. We know that Robert and Edith made a grant to the Knights Templars in 1148 of "land to the value of 6/4 per annum towards the dedication of their church of Covele, near Oxford". The wall painting was probably of the late 13<sup>th</sup> century and was still visible but very dim when I first came to Cowley. It was not considered then to be worth preserving. All the walls were once adorned with similar paintings.

A.G.Whye

## ADVERTS FROM OLD COWLEY CHRONICLES

## REGINALD SMART, M.P.S.

Rexall and Dispensing Chemist,

18 FLORENCE PARK ROAD

'Phone 7131

NATIONAL HEALTH PRESCRIPTIONS DISPENSED

PATENT MEDICINES. BABY REQUISITES. TOILET GOODS.

PHOTOGRAPHIC DEALER.

**NOVEMBER 1942** 

**DECEMBER 1973** 

# SPUD CENTRE

Oxford's Potato

Cash & Carry

OPEN MONDAY - SATURDAY
9.30a.m. - 6.00p.m.
OPEN SUNDAY 9.30a.m. - 12.00 noon

137 Rose Hill

## **CHRONICLE**

Editorial Team- Sally Hemsworth, Nicki Stevens

Deadline for the next edition: Monday 23 January 2022

If possible, please send entries by email to Sally at <a href="mailto:office@cowleyteamministry.co.uk">office@cowleyteamministry.co.uk</a>. Paper contributions should be left at Parish Office for the attention of Sally.

The Editorial Committee in no way accepts responsibility for goods or services supplied by our advertisers, errors and omissions excepted.

## **SMILE**

#### **WISE WORDS**

Choose an e-mail address that reflects your true self. Here's one suggestion: I.am @ one with myself.

It's OK to be you.
It's not OK to be somebody else.
Spare a thought for all those who are somebody else.
It must be just AWFUL for them!

Sadness is a bad place to be.

Happiness is a good place to be.

To get out of a bad place, leave it and go to a good place instead.

There may not be a bus service running between the bad place and the good place. It might mean a nice long walk instead.

Your computer has crashed? Your hard disk may be suffering from a cosmic imbalance or 'virus'. Restore your computer by taking a few steps:

Place a healing crystal on top of your screen.

Clear your PC's negative aura by lighting a joss-stick.

Re-invigorate your mouse by massaging it with essential oils.

Energise your CD-rom drive by intoning ancient Hindu mantras.

Buy a new computer.

Rosanne Butler

## **Holocaust Day**

On 27th January there lies a day in the Jewish calendar. It is Holocaust Day, Yom Ha Shoah – the Day of Calamity. Yom Ha Shoah recalls the destruction of European Jewry under the unspeakable horrors of the Nazi regime. Here is a poem written by Eva Pickova, age 12, in Auschwitz:



My heart still beats inside my breast

While friends depart for other worlds.

Perhaps, it's better – who can say? Than watching this, to die today?

## Poem

## I'm Waiting

I'm waiting for the Christmas lights to be switched on
Yes I'm waiting, I'm waiting
waiting for the candles to light up the tree
Yes I'm waiting on a frosty Christmas Eve
I'm waiting for the shepherds to leave their flocks
Yes I'm waiting, and waiting
Waiting for a shining light and glorious sounds
and to hear the angels all around

A ticking and a tocking and the second hand's flickering fast
All the destinations and the endless preparations fly past
Look up in the starry sky
For all time, for all time

I'm waiting for the wise men as they see the star I'm waiting and waiting Waiting for the presents that I know they bring

I'm waiting for the sound of all those jingle bells
I'm waiting, I'm waiting
I'm waiting to see Santa flash across the night
waiting for that oh so special sight
I'm waiting for the time when I can creep downstairs
Yes I'm waiting, I'm waiting
I'm waiting for the feeling that is nearly here
waiting now that Christmas Day is near

A ticking and a tocking and the second hand's flickering fast All the destinations and the endless preparations fly past Look up in the starry sky For all time, for all time

I'm waiting for the Christmas lights to be switched on Yes I'm waiting, I'm waiting I'm waiting for the candles to light up the tree Waiting on a frosty Christmas Eve

Peter Cook

## **GARDENING PARTY**



HELP REQUIRED – COME AND BOOST THE NUMBERS LOOKING AFTER THE AREA AROUND ST JAMES CHURCH AND ST JAMES CHURCH CENTRE.

LAST SATURDAY OF EACH MONTH (EXCEPT DECEMBER) – 9.30 AM ONWARDS AT ST. JAMES CHURCH CENTRE.

Come and have fun, fresh air and exercise as we prepare the St. James Church Centre garden for another beautiful spring and summer showing. If possible bring your own tools but some will be available. Both heavy and light work available plus coffee and cake.



Do you shop on-line with Amazon? If you do you may be able to help us raise a bit of money towards the toilet in St James Church.

Smile.amazon.co.uk is a website operated by Amazon with the same products, prices, and shopping features as Amazon.com. The

difference is that when you shop on Smile.amazon.co.uk, the Smile.amazon.co.uk Foundation will donate 0.5% of the purchase price of eligible products to the charitable organization of your choice.

We are listed as the charity: The Parochial Church Council of the Ecclesiastical Parish of Cowley, Oxford



## Link to online giving!



There is a button on our website which enables our supporters to make a one off payment online. It will take you to the 'give a little' web site where you can decide how much you would like to give. You can also scan this image and go straight there!



https://givealittle.co/campaigns/49eef694-09d1-4ee3-8810-6ac86d972e6c

## FROM THE CHURCH WARDEN

November has been another busy month. Early in the month Jo Duckles delivered a very passionate sermon on Justice, obviously a subject very close to her heart, and to put it into Jo's own words 'stay close to God and pray'.

The service on Remembrance Sunday brought a large congregation together including 37 Squirrels, Beavers, Cubs and Scouts from the 2nd Oxford Group. Sarah, who is their leader, must have been very proud of them as they behaved so well and entered into the meaning of the service.

The Craft and Gift Fair was held on 19 November and proved to be very successful raising over £1000 at the last count for Church funds. It was a very happy three hours bringing the community together which is what we, as a Church, strive for. Thank you very much to all who supported the Fair and sincere thanks to the volunteers who gave their time so generously.

Advent Sunday, the start of the new Church year, was celebrated by Geoff and Liam at the 11 o'clock service and Max presided at 8 o'clock. Liam delivered a very strong Advent sermon telling us to be alert, keep awake in great expectation of the birth of Jesus, and if we put our trust in the Holy Spirit all will be well. Thank you to Geoff, Mark, Max, Josh and Alison for their sermons in which we often hear little snippets of their personal lives which are always so interesting to hear.

Lesley is preparing for the Christmas Tree Festival and a good deal of hard work by her goes into getting this annual event off the ground. This year we are celebrating 'Peace on Earth' and very attractive cards have been printed setting out the times and dates of the many activities arranged which have been circulated in the locality. The large jar in Church, which holds knitted doves, is full to the brim.

The 29 November was the day we said goodbye to Erma and a lovely service was held in Church attended by her family and friends with Erma's favourite music being played by Alexander, our resident organist.

Our dear friend Marian Webster has died peacefully at home. She worshipped at St. James at the 8 o'clock service and even in her nineties was ready for her lift to church at 7.30am on Sunday mornings. During the last year Marian had suffered with ill health but even then would come and join the early service whenever she could. She was a great needlewoman and we are still wearing aprons on a Tuesday which she made us many years ago. She was a very warm and caring person who loved Ruth's ginger marmalade. Her two sons, Peter and Andrew and her grandchildren will miss her very much as will we. RIP Marian"

Just touching on December, Geoff is cooking again for us on Friday the 1st and around 80 friends have signed up to attend. We look forward to this time together every year and we thank him for looking after us so well.

May I wish you all a very happy Christmas and a peaceful and healthy New Year.

God bless Chris Woodman

## READERS' LETTERS & ARTICLES

#### **MUMMERS**

Way back in the Middle Ages in England, Boxing Day was the day when the workers in many different modes of employment called on their employers to collect their Christmas 'boxes'.

In villages up and down the country this usually meant knocking on the door of the 'big house' where the lord of the manor (or his squire) would be continuing to celebrate the festive season.

In order to ensure a nice fat reward for a year of hard work, the villagers would often present a 'mummers' play to entertain his lordship, family and guests. Costumes in those early days were hard to come by, so it is traditionally told that the peasants turned their workaday clothes inside out so that they looked raggedy and unrecognisable.

The mummers play, as with all good drama, has a fight between good and evil, a bit of violence, a heart-stopping moment, some comedy and a happy ending. Loosely based on the first Crusade, it goes something like this:

A wicked Turkish knight enters, bent on causing all sorts of evil deeds on the onlookers (the Turks and Ottomans invaded Jerusalem in the eleventh century). In comes brave St. George to save the day (the Crusading knights fought in white with the red cross of St. George on their cloaks). After a fierce sword fight St. George is badly wounded and might die if a clever doctor cannot be found. Well of course he can, and he enters with all sorts of weird and wonderful equipment to add to the comic drama. St. George is restored, a further battle ensues, and the Turkish knight lies 'dead'!

In later years 'Old Father Christmas' was introduced to act as narrator and all sorts of other characters also took part.

It usually ended with some wassail carols – and the wassail bowl full of ale, or cider, would pass from hand to hand. Soon, the actors (and maybe his lordship) would be in a very jolly mood. Wassail, by the way, is the old English word for 'good health'.

Now we in this area are lucky, because every Boxing Day around lunchtime, in the heart of Headington Quarry, we can watch a real live 'Mummers' play performed by the Headington Quarry Morris Men. For many years they have toured their local public houses (getting merrier and more outlandish as they go) but treating their audiences to an authentic village tradition.

It is all enormous fun and if you have never been, I can strongly recommend you do.

**Rosanne Butler** 

## 8<sup>th</sup> September

September 8<sup>th</sup> is my brother's birthday and also friends' wedding anniversary, so I was happily texting and sending good wishes. Later that day came the very sad – and to me, unexpected, news that the Queen had died. After all, we had seen pictures on television just two days earlier of her greeting the new Prime Minister. I know Queen Elizabeth II was a good age when she died, but I still found it quite a shock to think of her not being there; she was a significant part of our heritage and history for an incredibly long time.

Some of you will know my sister Janet, and her middle name is Elizabeth – named after the Queen. I don't think Janet would mind me saying that she is 70 years old! She was born on 4<sup>th</sup> February 1952, just 2 days before King George VI died unexpectedly and Queen Elizabeth acceded to the throne. That's the main reason my parents Christened her Janet Elizabeth Goodwin.

In the early fifties, it was normal for new mothers to stay in bed for several days – no TV to watch in those days and all you had was the radio. Our dear mum told us that all she had to listen to was mournful music!

So.....back to 2022. When Janet heard of the Queen's death she felt pretty shaken up, as did many people at this end of an era. We decided to spend a few quiet hours the following day in the Botanic Gardens. The weather was fine and there was still a lot of glorious colour in the borders.

About a week later, my daughter Katie and her family decided they would go up to London by train to see all the floral tributes in Green Park. It was also an opportunity to show Bella (aged 9) and George (aged 3) landmarks such as Buckingham Palace.

With their smartphones, Tom and Katie were able to plan a route to some wonderful play areas in Hyde Park and we ended up doing an awful lot of walking that day!

**Ruth Goodwin** 

## **SOMETIMES**

Sometimes things don't go, after all, from bad to worse. Some years muscadel faces down the frost; green thrives; the crops don't fail,

Sometimes a man aims high, and all goes well.

A people will sometimes step back from war; elect an honest man; decide they care enough, that they can't leave some stranger poor. Some men become what they were born for.

Sometimes our best efforts do not go amiss; sometimes we do as we meant to. The sun will sometimes melt a field of sorrow that seemed hard frozen: may it happen to you.

Sheenagh Pugh

## Fog and driving safety

It has been foggy this week so thought this may be of interest

The Highway Code has guidelines for driving in fog. They explain what you should do and should not do when it's foggy.

Top tips for driving in fog:

Use dipped headlights, wipers and demisters.

Use fog lights when you need to.

Beware of other drivers not using headlights.

Only drive as fast as conditions allow.

Slow down so you can stop in the distance you can see clearly.

Allow 3 seconds instead of 2 between you and the car in front.

Check your mirrors before you slow down.

Open your window to listen for traffic at junctions if you can't see.

What you should not do when driving in fog:

Don't rely on automatic lights – they might not come on in fog.

Don't rely on daytime running lights alone – they only light the front.

Don't tail another car's rear lights - it can give a false sense of security and it's dangerous.

Don't speed up to get away from a vehicle that's too close behind you.

Remember that when it's foggy, it can be harder to tell if other vehicles are moving.

Many accidents happen because drivers don't realise that the car in front of them has stopped. That's why it's safer to slow down and leave a bigger stopping distance.

If it's foggy or misty, the roads might also be wet, which means it could take longer to stop.

From Oxford Neighbourhood Watch

## **POEM**

This poem by local poet Pam Ayres caught my eye – and she is glad to share it with us! (Rosanne)

Goodwill to Men: (Give us your Money). It was Christmas Eve on a Friday, The shops were full of cheer, With tinsel in the windows And presents twice as dear. A thousand Father Christmases Sat in their little huts, And folk was buying crackers And folk was buying nuts.

All up and down the country,
Before the light was snuffed,
Turkeys, they got murdered,
And cockerels, they got stuffed.
Christmas cakes got marzipanned,
And puddings, they got steamed,
Mothers, they got desperate,
And tired kiddies screamed.

Hundredweights of Christmas cards
Went flying through the post,
With first-class postage stamps on those
You had to flatter most.
Within a million kitchens
Mince pies was being made.
On everybody's radio,
"White Christmas" was being played.

Out in the frozen countryside
Men crept round on their own,
Hacking off the holly
What other folk had grown.
Mistletoe in willow trees
Was, by a man, wrenched clear,
So he could kiss his neighbour's wife
He'd fancied all the year.

And out upon the hillside
Where Christmas trees had stood,
All was completely barren
But for little stumps of wood.
The little trees that flourished
All the year were there no more,
But in a million houses
Dropped their needles on the floor.

And out of every cranny, cupboard,
Hiding place and crook,
Little bikes and kiddies' trikes
Were secretively took.
Yards of wrapping paper
Was rustled round about,
And bikes were wheeled to bedrooms
With the pedals sticking out.

Rolled up in Christmas paper,
The 'Action Men' were tensed,
All ready for the morning
When their fighting life commenced.
With tommy guns and daggers
All clustered round about,
"Peace on Earth – Goodwill to Men"
The figures seemed to shout.

The church was standing empty,
The pub was standing packed,
There came a yell "Noel, Noel!"
And glasses, they got cracked.
From up above the fireplace
Christmas cards began to fall,
And trodden on the floor, they read
"Merry Christmas to you all!"
Pam Ayres

(Editor: Special permission obtained to print this)

## **OXFORDSHIRE COUNTY COUNCIL**

## 1) Home Improvement Agency

Have you heard of the Home Improvements Agency (HIA)? They help people live independently, safely and comfortably in their own homes.

Poor housing conditions can put people at more risk due to issues like old age, disabilities, health conditions or low income. The HIA can help with adaptions to a home and general household repairs, minor electrical and plumbing works, energy efficiency measures and home safety and security.

Oxford HIA is part-funded by Oxfordshire County Council and the NHS Better Care Fund. The county council recently agreed to renew its contract for HIA services for three years from 1 April 2022.

## 2) Free food caddy liners

Most households in Oxfordshire already recycle their food waste using the weekly collection service.

To help recycle the extra food waste that is created over the festive period or to help you start recycling your food waste residents can collect a free roll of food waste caddy liners from the following locations during December, while stocks last.

You can also line your food caddy with plastic bags (excluding black plastic bags), newspaper, or you can even place food in your caddy loose!

## A Good Read

"The Last Secret of the Deverills" by Santa Montefiore

Bridie Doyle is now Countess of Marcantonio and mistress of Castle Deverill – far surpassing her humble roots. But when her dashing husband begins to stray, his identity is called into question, putting Bridie's happiness at terrible risk.

Once Bridie's best friend – but no longer, Kitty Deverill lives nearby with her devoted husband Robert. Her world is suddenly rocked by the unexpected return of Jack O'Leary, her never-forgotten first love. But, this time, might Jack's heart belong to another?

Martha Wallace arrives in Dublin desperate to track down her birth mother. Her efforts thwarted, she has no one to turn to until JP, scion of the Deverills, catches her eye.

Chris Woodman

## PRAYER SPACES

After a long while without, Prayer Spaces are back. They will link with the Christmas Tree Festival theme of 'Peace on Earth' and be looking at stories of God shining a light on us! It will also be linked with the Bible Society Christmas story "Amazing Days''!

We DESPERATELY need volunteers so please, if you are able, sign up and lend a hand. Please use your full name when signing up! The link is <a href="https://forms.gle/uKeC1NUYDXESDhB17">https://forms.gle/uKeC1NUYDXESDhB17</a>

## **Dates and locations**

Thursday 8th December - St Francis at St Francis Church
Thursday 15th December - Church Cowley St James at St James Church

Time slots for each day:

0815 – 09:15 (setup time)

09:15 - 09:55, 6 people needed

09:55 – 10:35, 6 people needed

10:35 – 11:15, 6 people needed

11:15 – 11:55, 6 people needed

13:20 – 14:00, 6 people needed

14:00 - 14:40, 6 people needed

14:40 to 15:10 (strip down time)

Thank you so much!!!

**Revd Geoff** 

## **SUNDAY SERVICES**

# ST JAMES CHURCH, BEAUCHAMP LANE ST FRANCIS CHURCH, HOLLOW WAY

8.00am St James9.30am St Francis11.00am St James

The Parish Office in St James Church Centre is staffed by volunteers and is no

covered continually.

Please leave a message and someone

will get back to you.

Contact details: Tel: 01865 747680 Email: office@cowleyteamministry.co.uk

Out of hours tel: 01865 778596

Website: www.cowleyteamministry.co.ul

## MID-WEEK SERVICES & MEETINGS

Monday 10.00-11.30am Little Stars Playgroup—

St Francis

Tuesday 10.00am Seashells Toddler Group—

St James Church Centre

12.30pm Tuesday Lunch Club, St

James Church Centre (numbers limited—booking essential. If interested con-

tact Chris Woodman)

#### **Team Rector:**

The Revd Canon Dr Geoffrey Bayliss Tel: 01865 747680 (o) 01865 778596 (h) Email: rector@cowleyteamministry.co.uk

#### **Curates**

Revd Liam Cartwright

Email: <a href="mailto:cowleycurate@gmail.com">cowleycurate@gmail.com</a>

Revd Josh Hordern

## **Self-supporting Ministers**

Revd Canon Mark Oxbrow

01865 461953

Email: markoxbrow@aol.com

Revd Max Diaz Butron

Email: mazdiazbutron@icloud.com

#### **HOME AND STUDY GROUPS**

Mark Oxbrow Alternate Wednesday evenings at

7.30pm, Mark's home, 13 Annesley Road (just behind the Rose Hill Coop). Enquiries to Mark at 01865

461953

Rosanne Butler Alternate Thursday mornings, 10-

11.30.. Contact Rosanne 01865

453257



#### **Churchwardens:**

Christine Woodman Tel: 778078 Maureen Stone Tel 747950

#### St James Church Centre Manager:

Chris Woodman Tel: 778078

#### **Hall Bookings:**

St James Church Centre, St James Church, St Francis Church: Please contact the Parish Office Tel: 747680

#### **Cowley Chronicle—Editorial Team:**

Sally Hemsworth, Nicki Stevens

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<u>chronicle@cowleyteamministry.co.uk</u>
Paper contributions to the Parish Office.